

STUDENT / ETUDIANT

F DIJONOI

[illegible]

**MAISON DE
L'ETUDIANT**

InsiDijon



carte CULTURE

Etudiant

saison 2013 / 2014

DANSE / MUSIQUES / THÉÂTRE
FESTIVALS / CINÉMA ART ET ESSAI

5€

→ POUR TOUS
LES ETUDIANTS



Marcel, 5 ans
Etudiant en Arts-déco

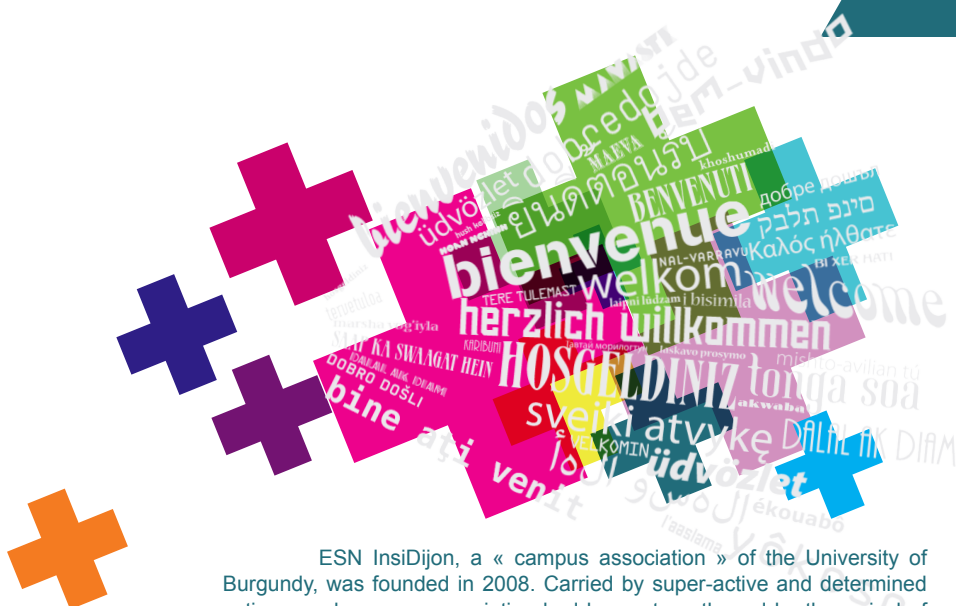
NOUVEAU ! Achat en ligne :

www.myDijon.fr

 /Carte Culture Grand Dijon



Avec la participation des communes de : Chenôve • Chevigny-Saint-Sauveur
Fontaine-lès-Dijon • Longvic • Marsannay-la-Côte • Quetigny • Saint-Apollinaire • Talant



ESN InsiDijon, a « campus association » of the University of Burgundy, was founded in 2008. Carried by super-active and determined active members, our association had been strengthened by the arrival of more and more volunteers and numbers over 150 members every year. Our goals are to welcome and help internationals to be integrated (whoever they are and wherever they are from), to make them discover the French and Burgundian cultures, and to stimulate cross-cultural exchanges by offering a lot of activities open to all students in Dijon.

The first steps in a new country, a new university, a new culture and a new language are the hardest ones. That is why, with the indispensable support of the city of Dijon, we devised this practical guide specially for our international students. It contains a lot of essential information that we hope will help you really enjoy your stay in Dijon. This guide is also an invitation to discover as you please the richness and beauty of the city and its region, and thus to build a unique and unforgettable experience.

ESN InsiDijon would like to thank its different partners who, by their contributions, made the publication of this guide possible.

If you still have some questions or if you are simply willing to meet us, the door of the office 108 at "La maison de l'étudiant" is wide open. The whole team is ready to welcome you and we hope to see you as often as possible at our activities. You haven't seen anything yet !

ESN InsiDijon team

Partners

Ville de Dijon, Grand Dijon, IxESN, Crous Dijon, CRIJ Dijon, AgroSup Dijon, Groupe ESC Dijon Bourgogne, ENSA Dijon Art & Design, Campus Européen de Sciences Po Paris à Dijon, Université de Bourgogne.



Who are we ?

ESN InsiDijon	6
Our activities	6
ESN InsiDijon services	8

Dijon in Burgundy

History	10
Map of the Region	11
Tourism in Burgundy	12
Dijon	13
Map of downtown	14

Practical informations

Housing	18
Necessary steps	21
Housing assistance	22
Short-term housing	23
Bank account	25
The French health care system	26
To help you	30
Discrimination & handicap	31

Study in Dijon

The French education system	34
French diplomas of higher education in France	35
Establishments of higher education in Dijon	36

Travel

Getting around in Dijon	40
Public transportation	41
Dijon by car	42
Traveling in France and abroad	43
Travel by train	44
Travel by plane	46

Living in Dijon

Food	48
University restauration	49
Grocery shopping	49
Communication	50

Leisure & culture

Museums	52
Theatres, shows, dance, opera	53
Libraries / media centers	54
Park and open spaces	55
Sport activities	56
Dijon by night	57
Cinema	57
Calendar of events	58
Media	60

Look further

Involvement	62
Student job & summer job	63
Volunteering	64
Go on with the international experience	65
Spiritual life	66

WHO ARE WE?

welcome

bienvenue

herzlich willkommen

HOSGELDINIZ

sveiki atvykę

udvözlet

bine ați venit

yôkoso

DARAL AK DIAM

ESN INSIDIJON

Created in 2008, ESN InsiDijon is located on the campus of the University of Burgundy.

We have 4 goals :

- * To help international students to fit in Dijon
- * To disclose the French and Burgundian culture
- * To support intercultural exchanges
- * To promote the international mobility



OUR ACTIVITIES

Throughout the year, ESN InsiDijon organize events in order to help international students to fit in better.

The SocialErasmus side

It creates a bond between the international students and the local community. Our actions are aimed towards the educational, solidarity, environmental and cultural domains.

For more information :

- www.socialerasmus.esn.org



The ExchangeAbility project

It aims at integrating disabled students to ESN activities, at informing and making the international students aware of disabilities.

We work with the Association Handi-Sport et Culture de l'Université de Bourgogne (AHSCuB) and together we organize activities such as initiations to wheeled-basketball.

For more information :

- exchangeability.esn.org



PRACTICAL INFORMATION

Where to find us ?

> In our office :

Bureau 108 - Maison de l'étudiant
Esplanade Erasme - Université de Bourgogne - 21078 Dijon
• 03 80 39 90 83 • indidijon@ixesn.fr

> On our website :

- www.dijon.ixesn.fr

> On our Facebook page :

- [ESN InsiDijon](https://www.facebook.com/ESN-InsiDijon)



« Les Apéros Cosmo » ✦

Once a month, ESN InsiDijon invites you to share a typical dish of the world. This event is an opportunity to discover, in a friendly atmosphere, cultures around the world and make new friends with other students.



>> : Apéro Langue

ESN InsiDijon and culture ✦ ✦ ✦

We are in partnership with several players of the local cultural life (crous Théâtre Dijon Bourgogne, Athe-neum...) in order to fill the minds with a thirst for cultrre. Other events such as "apéros langues", movie nights, rallies to discover the city or even our own special olympics will definitely tickle your curiosity.



>> : Saint-Vincent-Journante

ESN InsiDijon travels ✦ ✦ ✦

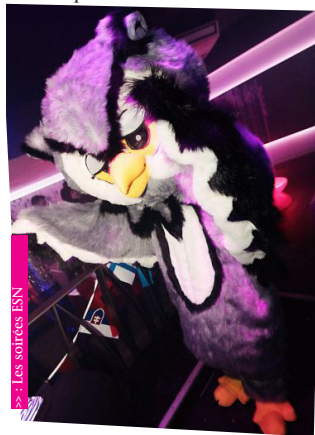
The ESN InsiDijon association invites students to travel throughout France and Burgundy. These trips are a good way to see France and its culture!



>> : Voyage à Reims

International & Erasmus Parties ✦ ✦ ✦

Discover the highly charged atmosphere of Dijon's international parties. The ESN card gives you a discount and precedence for each event.



>> : Les soirées ESN

GOOD TO KNOW !

✦ The ESN Card

For only 5€, the ESN card will allow you to be a part of our activities, will get you lower prices on our trips, parties, all of our partners and with other ESN sections partners in France and in all Europe.

By buying your ESN Card you will also enjoy :

- ✦ Banking benefits and facilities
- ✦ A French SIM card
- ✦ Lower prices with our partners (laser tag, New Yorker ...)

It is valid for a whole year.

For more information : • <http://www.esncard.org/>



What are ESN InsiDijon services ?

Our association offers you its assistance in order to make your life abroad a lot easier and to accompany you during your stay in Dijon.

Pick-up service

At the start of the 2013 schoolyear, we offer to pick up the international students of the University Of Burgundy as soon as they arrive at the Dijon train station. To be a part of this, all you have to do is to fill the form on our website :

- www.dijon.ixesn.fr

DID YOU KNOW ?

The ESN network

It's an european network and ESN InsiDijon is only the visible part of the iceberg. It consists of three levels: ESN International, the national networks and, finally, the local associations.

ESN INTERNATIONAL

Across Europe, the Erasmus Student Network (ESN) is a free international association. It was created in 1990 and offers services to people studying abroad thanks to national bureaux and local associations. Our motto is "students helping students."

A few numbers

- > 36 countries
- > 431 local associations
- > 13 400 free workers
- > For 160 000 international students

Goals

- > To favour the social and cultural integration of international students
- > To promote international mobility
- > To inform, guide and help international students in their day-to-day procedures.

ESN FRANCE

The French network is made of 25 ESN associations, it is to say more than 400 free workers

ESN France's job is firstly to improve the integration and welcoming of international students in France and secondly to promote international mobility.



INTERNATIONAL EXCHANGE
ERASMUS STUDENT NETWORK

Useful objects put-together

At the end of the university year, we offer international students to leave us the things they cannot take home, such as their tableware for example. This way we could offer you a put-together as soon as you will arrive in Dijon. You will then find very useful things for a very low price.

The « Buddies » project

A student helping another student

Thanks to the "Buddies" project, ESN InsiDijon allow an international student to contact a French student of the University Of Burgundy. This project is based on the principle of "a student helping another student." The French student will help the international student to fit in while sharing his/her culture and language with the international student. The international student will be able to make the French student discover another culture and way of living. Both of them will then open their minds to the world.

The two "buddies" mutually discovering another culture will lead the way to inter-cultural exchanges and to cosmopolitanism...

For more information :

- www.dijon.ixesn.fr/event/buddies-cest-quoi

Words of international students

« My arrival in Dijon went very well as I had a "buddy" who helped me a lot, he welcomed me and showed me around the city, he answered all of my questions and I never felt lonely in a country I didn't know the language! »

Jessica,
British

[illegible]



S : Clos Vougeot



History

Burgundy is located in central eastern part of France and is a region made up of four departments: l'Yonne, la Côte d'Or, la Nièvre, la Saône et Loire.

Beyond spiritual art, Burgundy has an abundance of castles and historic monuments such as Cluny Abbey or even the Hotel Dieu in Beaune. Also, you can discover exceptional architecture dating back to the Middle Ages and from the Renaissance in the region through Chateaufort en Auxois, the medieval castle of Chateau de Guedelon as well as the Dukes' Palace in Dijon.

In addition, Burgundy would not be so well known without its vineyards and its wine ! From the wines of Côte de Nuits to the wines of the Côte de Beaune, and passing by the Chablis and the Beaujolais, there are many to choose from !

Historical Context

The first kingdom carrying the name of « Burgundy » is the work of the Burgundians. Conquered by the Franks, these people left their legacy in a territorial group that has carried on their name. For ten centuries the reigning families in history – the Merovingians, the Carolingians, the Capetians, the Valois, and the Bourbons – have retraced the borders and the political status of the territory, giving the term « Burgundy » a different meaning.

DID YOU KNOW ?

Henry DARCY

Born in 1803 he was an engineer. In response to the demand from the city council in Dijon, he organized the channeling of water from Suzon to the Rosoir water spring. At the end of the XIXth century his name was given to the Place du Chateau d'eau and to the nearby garden.

Good made his courts shine and spread his fame all the way to the Orient. Charles the Bold raised the state of Burgundy to its peak, but his death in 1477 made the duchy retreat definitively into the French kingdom. Having become royal, Burgundy kept, along with its states and its parliament, its individuality until the French Revolution. Since then its history has been made of the echo of important events, general economic transformations and the effects of Parisian revolutions.

In the middle ages Burgundy came to be with the Cluny Abbey and Cîteaux, the largest monastic reform movements. The two famous abbeys were homes of theologic science, and were also the economic, artistic and even political centers for centuries during the first order of Europe.

A few centuries later, the Dukes of Valois took their place in the history of Burgundy. Philippe le Hardi (Philip the Bold), Jean sans Peur (John the Fearless), Philippe le Bon (Philip the Good), and Charles le Temeraire (Charles the bold) made their state a strong European power, rival to the French kingdom. Philip the

GOOD TO KNOW !

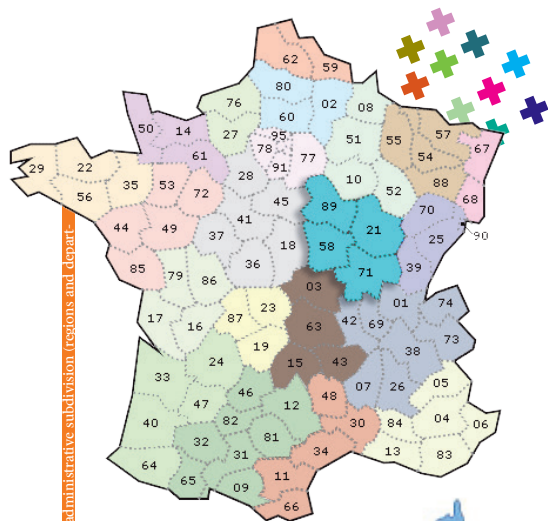
* La Bourgogne

- Capital : **Dijon**
- Population : 1 638 588 inhabitants (INSEE, 2010)
- Website : • www.cr-bourgogne.fr

• Departments (and their administrative centers)

Côte-d'Or (Dijon)
Nièvre (Nevers)
Saône-et-Loire (Mâcon)
Yonne (Auxerre)





DID YOU KNOW ?

The Cote d'Or is one of the only French departments that were not named after geographic criteria strictly speaking. The name was inspired from the golden tint that the vines have in autumn.

The site of Alesia (in Cote d'Or) was the theatre of war in the decisive battle during the war of the Gauls who opposed Julius Cesar in the Gaul coalition which was lead by Vercingetorix in 52 B.C.

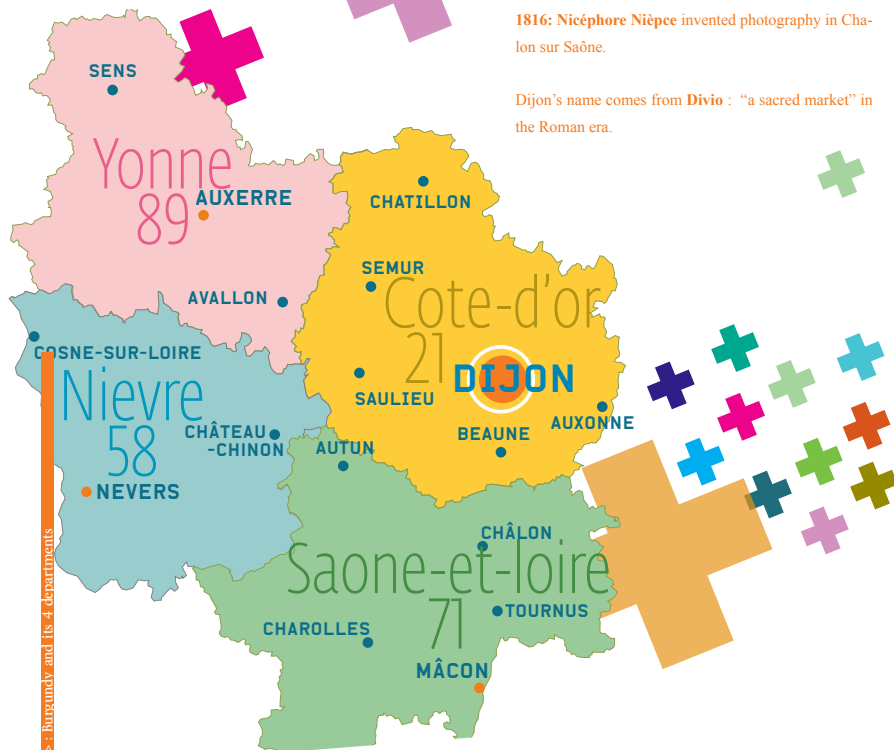
A Few dates...

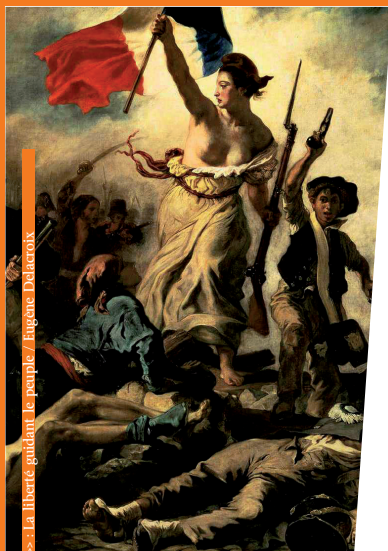
1364 – 1477: The reign of the Four **Dukes of Burgundy** : Philip the Bold, John the Fearless, Philip the Good and Charles the Bold.

1790: The Burgundian area was officially divided into four departments : Yonne, Cote d'Or, Nievre, and Saone-et-Loire.

1816: Nicéphore Niépce invented photography in Chalon sur Saône.

Dijon's name comes from **Divio** : "a sacred market" in the Roman era.





La liberté guidant le peuple / Eugène Delacroix

DID YOU KNOW ?

Marianne

Marianne is the allegorical figure of the French republic. Wearing a Phrygian cap, Marianne incarnates the French Republic and also represents French Republican values in the motto: "Liberty, Equality, Fraternity."

The origin of the choice of Marianne's first name is uncertain. This name, which was very wide-spread during the eighteenth century and written Marie-Anne, was used by the women of the people. That is why it would have been chosen by revolutionaries.

La Marseillaise

(The French national anthem)

Written by Rouget de Lisle in 1792 after France's declaration of war against Austria, La Marseillaise is the national anthem of the French Republic.

The song was published for the first time in Marseille with the title: Chant de guerre des armées aux frontières (The song of war for the armed people on the borders). De facto, it was the Federated troops of Marseilles who, having adopted the song as a marching song, sang the song at the time of their triumphant entry at Tuileries in Paris on July 30, 1792. The masses immediately named this song: La Marseillaise.

The Cote d'Or

The Cote d'Or has many tourist attractions including a cultural heritage to discover.

Places to Visit :

- * Dijon, is listed as a city of Art and History
- * The Hospices de Beaune
- * Fontenay Abbey, now on the UNESCO World Heritage list
- * The Vix treasure, or "vase de Vix," dating back to the Iron age, is conserved at the museum in Chatillon sur Seine.
- * The Alesia Museum
- * The Grands Crus wine route going from Dijon to Santenay.
- * The medieval city of Semur en Auxois.
- * Morvan Park

For more information : • www.cotedor-tourisme.com

Nièvre

Tourism in Nièvre is essentially environmentally friendly and mostly homestay.

Places to see :

- * Natural Reserve in the Loire valley
- * Nevers

For more information : • www.nievre-tourisme.com

Saône-et-Loire

The Department bases its tourism on varying landscapes, its well-known cuisine and its rich heritage.

Places to see :

- * Cluny Abbey
- * Chalon sur Saone: The Niepce photography museum.
- * The Castle of Pierre de Bresse
- * Oppidum Bibracte

For more information : • www.bourgogne-du-sud.com

Yonne

In Yonne you can discover relics, vineyards and culinary specialties as well as vast natural resources.

Places to see :

- * The cathedral and the museums in Sens
- * The Saint Germain Abbey in Auxerre
- * The Vexelay Hill
- * The Guedelon Medieval site

For more information : • www.tourisme-yonne.com

>> : Gargoyle of Notre-Dame



>> : The Jacquemart



DIJON

Dijon is the Prefecture of the Burgundy region and the Côte-d'Or department. The commune is situated on la Côte des Vins de Bourgogne (the Burgundy wine slope) also named Route des Grands Crus (which extends from Dijon to Beaune).

During the fourteenth and fifteenth centuries Dijon was the capital of the Duchy of Burgundy and is now a touristic city whose appeal is reinforced by its gastronomic reputation and historical heritage in the region.

It is also an environmentally friendly city in the service sector, regional capital in the academic, university, judicial, hospital, and administrative domains which insures a tradition of strong cultural life.

Dijon is equally a very diverse regional economic center: Dijon mustard, kir and crème de cassis from Dijon (aperitif made of blackcurrant liqueur and white wine), gingerbread...

Internationally known, its cultural heritage continues to grow today, with public buildings such as the Zenith or the Auditorium or by high tech buildings such as the Elithis Tower.



>> : The Palais des Ducs

DID YOU KNOW ?

SYMBOLS OF DIJON

• The owl

The owl is sculpted on the west buttress of the Notre-Dame church in Dijon. It is a small worn-down owl which has seen immense popular success. Many people from Dijon rub it with the left hand while making a wish because it is renowned for being a good luck charm.

• The gargoyles

The gargoyles are works sculpted for the evacuation of rain water on roof-tops and are proper to Roman and Gothic art.

The fifty one "gargoyles" on the west side of Notre-Dame in Dijon are false gargoyles: they do not evacuate rainwater and are only for decorative purposes.

• The Jacquemart

This clock with robots is one of the oldest and most widely known in the world. The Duke of Burgundy, Phillip the Bold, having taken it from Courtrai (in Belgium), offered it to the city of Dijon in 1383. In the beginning Monsieur Jacquemart was the only person to keep time. After centuries of teasing about his being a bachelor, the people of Dijon gave him a wife, Jacqueline. Then it was the sterility of the couple that people made fun of, so the family was finally given a son, Jacquelinet, and then a daughter, Jacquelinette.

« Cité internationale de la gastronomie »

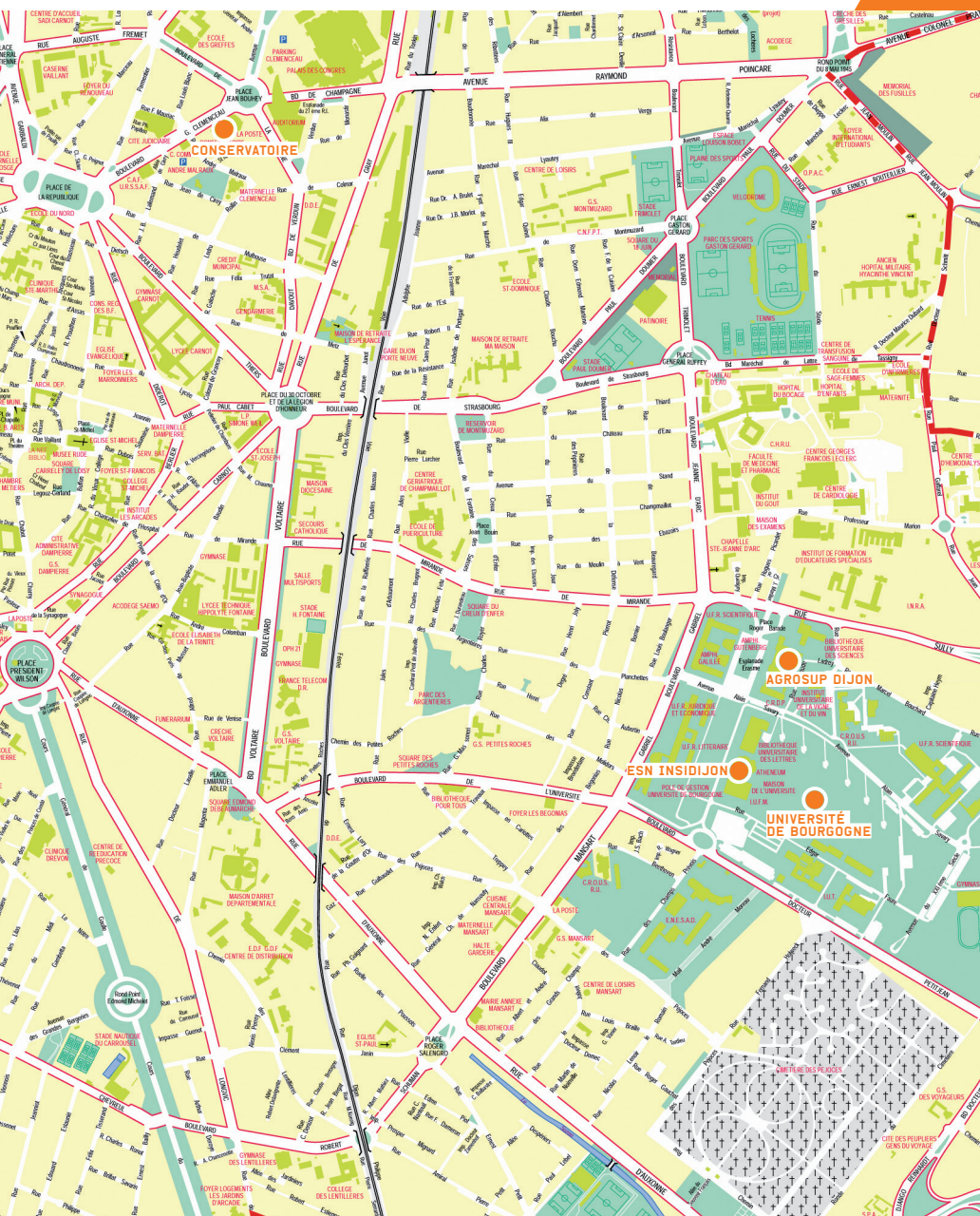
In 2013, Dijon was appointed, along with three other cities in France, « cité internationale de la gastronomie ». It means that it will have to defend and promote the french gastronomic meal !

Specificially, Dijon is the reference centre for promotion and quality control of vineyards and wine.

PRACTICAL INFORMATION

- Postal Code : **21000**
- Cooperation between municipalities : **Grand Dijon**
- Population : **152 110 inhabitants** (INSEE, 2009)
- Altitudes : **min. 220 meters, max. 410 meters**
- Website : • www.dijon.fr • www.granddijon.fr





GOOD TO KNOW !

Dijon brings an active policy which is influential and open to the world and it is solidified through cooperation with the following cities:

* Sister cities

- > Cluj-Napoca (Romania)
- > Dallas (United States)
- > Mayence (Germany)
- > Opole (Poland)
- > Guimares (Portugal)
- > Pécs (Hungary)
- > Reggio d'Emilia (Italy)
- > Skopje (Macedonia)
- > Volgograd (Russia)
- > York (United Kingdom)



Words of international students



« We do not kiss in China to say hello. But in France the kiss on the cheek is the usual basis. When I arrive in France, this habit has become a compulsory lesson for me. At first I was afraid to kiss and every time it made me ill-at-ease. Then I discovered that people kiss not only when they meet, but also to say «Goodbye». Kissing is mandatory for all: between two women, between women and men, even among men. In Dijon people kiss twice but in the south of France they kiss four times. After I discovered that the Italians kiss three times, that only German girls are used to this custom. This habit of kissing or not (depending on country) made me confused. It's obvious I got lots to learn! »

Zhe-Min Zhou,
Chinese student

« Although Dijon is a small town, as an Erasmus student I always found something to do for fun. For exemple, the VLV is perfect for a quiet evening in front of the computer while eating a pizza, especially if you are very tired to get to the city center. If, conversely, you are brave to face the cold of winter, so you can walk downtown, in the Rue Berbisey, where you can find full of nice places, starting with the Irish pub: perfect for a beer while watching the games. You can then continue with the Byron Bay and Shanti, the famous Indian coffee in town. If you absolutely want to dance, try the two most «in» Dijon clubs: the Hit Club in the Dauphine Center, and the Black Cat, which is smarter and bigger than the first. Then for those who have a more «adventurous» spirit the Atmosphere is probably ideal. Recently, we also tried the Salsa Pelpa and Noche following the suggestion of students from Dijon, and for the amazing atmosphere and fun we had there, we recommend it to all! »

Giulia & Alessandra,
Italian student



www.ijbourgogne.com

facebook.com/crijbourgogne



twitter.com/crij_bourgogne

[illegible]

HOUSING

In Dijon, you'll have several options regarding housing.



The CROUS University residences

Managed by CROUS (Centre Régional des Œuvres Universitaires et Scolaires), they host around 165,000 students in France and around 4,000 students in the Academy of Dijon. This type of accommodation is interesting because it is close to the university and at a reasonable price.

International students must be registered in Higher Education and must fill one of the following criteria:

- > Have a scholarship from the French government or from a foreign government that is managed by Campus France
- > Have scholarships managed by the Agence Universitaire pour la Francophonie (AUF) or the Société Française d'Exploitation des Ressources Educatives (SFERE)
- > Coming in the framework of the Erasmus mobility program ERASMUS/SOCRATES
- > Coming in the framework of conventions with partnered universities or inter-establishments
- > Exceptionally, foreign students who can prove that they have sufficient income and who are supported by their state testifying that their studies do not exist in their home country can be admitted to university housing
- > In agreement with l'Université de Bourgogne, foreign students individually enrolled (coming without a particular convention and without a scholarship managed by Campus France) can be admitted, under the reserve that they respond to the following criteria: being admitted into Master 1 or 2 at l'Université de Bourgogne and having newly arrived in France

In addition :

Students can benefit from 5 consecutive admissions into housing that is managed by the CROUS (with the exception of newly arrived students in France privately enrolled in Master 1 or 2).

Admission for foreign students is delivered for one year.

CROUS DIJON

3 Rue Docteur Maret, 21000 Dijon,

• 03 45 34 84 00 • www.crous-dijon.fr • logements.internationaux@crous-dijon.fr



PRACTICAL INFORMATION



RATES (2012/2013)

- **For students in a traditional program**
 - > Traditional room (€151.55)
 - > Room with individual comfort (€237.65)
 - > Small studio from 15 to 20 m² (€308.10)
- **For students in a program that lasts less than or equal to one semester**
 - > Traditional room (€204.60)
 - > Room with individual comfort (€320.85)
 - > Studio created after renovation from 15 to 20 m² (€415.95)



GOOD TO KNOW !

✿ University residence accommodation

In each hall of residence, receptionists and night watchmen are there to help students if need be. There are either shared or private equipment, bathrooms and toilets. Shared kitchens are equipped with refrigerators, ovens, etc. In each building there are a computer room and a meeting and TV room. Internet is available in every room and communal area via Wifi or Ethernet.

Other residences

Students of other establishment of higher education can also benefit from accomodations :

AgroSup :

Résidence Magon -26 Boulevard Péjoces - 21000 Dijon

RATES 2013 :

- For AgroSup Dijon students and other students : 342,65 €
- For AgroSup Dijon civil servants students : 382,19 €

INFORMATION AND CONTACT :

Geoffroy Pargny , • 03 80 77 26 77. • geoffroy.pargny@agrosupdijon.fr

Renting from a private landlord Roommates

You can opt to rent either from a private landlord or through a real estate agency. It can be furnished or non-furnished apartments that sometimes have an equipped kitchenette.

Remember to anticipate supplementary costs (heating, electricity, water, telephone, insurance...).

The CROUS also offers advertisements for private housing on their website : • www.crous-dijon.fr

or at Service Logement, 3 Rue Docteur Maret – 21000 Dijon • 03 80 40 40 23.

In this case, you rent an apartment (or house) shared with several people. This situation has its advantages : sharing rent, social links...

Useful websites :

- www.crous.fr, • www.colocation.fr, • www.colocationetudiant.com, • www.appartager.com, • www.vivastreet.fr, • www.leboncoin.fr

Estate agency

Depending on the estate agency, when you sign the lease, you will have to pay:

- > agency fees (around one month of rent excluding utilities),
- > 2 months of rent for the deposit,
- > the 1st month of rent.

Remember to ask for a copy of your contract: you will need it to ask for housing assistance. Also ask for a certified copy of the contract and a receipt of the first month of rent.

You can find a list of real estate agencies via the online telephone book :

• www.118000.fr

• WARNING •

Don't trust estate agency that offer you lists of apartments to rent for a few hundred Euros. Most of the time the apartments are no longer available or do not correspond to your requirements.

Dormitories (*les foyers*)

Dormitories welcome, in either individual or double rooms, french and foreign students for the length of the school year. Some sell food, others offer the possibility of cooking.

In some of these dormitories, you can also find libraries, study rooms and leisure rooms.

Registration fees are generally paid at the beginning of the year.

UNME DORMITORIES (Union Nationale des Maisons d'étudiants)

LA RÉSIDENCE INTERNATIONALE D'ÉTUDIANTS

4-6 Rue Maréchal Leclerc

• 03 80 71 70 00 • www.u-bourgogne.fr/CIEF

FOYER DES ÉTUDIANTES

65 Rue Saumaise

• 03 80 67 18 00 • www.foyer-saumaise.com

FOYER ST-DOMINIQUE

21 Rue Claude Bouchu

• 03 80 78 72 30

OTHERS DORMITORIES :

LE FOYER DE LA TRÉMOUILLE (for girls only)

31 Boulevard de la Trémouille

21 000 Dijon

• 03 80 30 28 33

• foyer.tremouille@wanadoo.fr

LE FOYER DES ARCADES

Service hébergement

13 Rue du Vieux collège

• 03 80 45 99 41

LA RÉSIDENCE STUDEA CLOS- MORLOT

4 Rue Dr J.B. Morlot

21 000 Dijon

• 0 820 83 08 20

• www.nexity-studea.com

ALIS Logement pour les jeunes

4 Rue du Pont des tanneries

• 03 80 41 19 56

• www.alislogementjeunes.com

FOYER SNCF

28 Rue de l'Arquebuse

• 03 80 45 88 70

FOYER ADOMA

4 Avenue du Lac

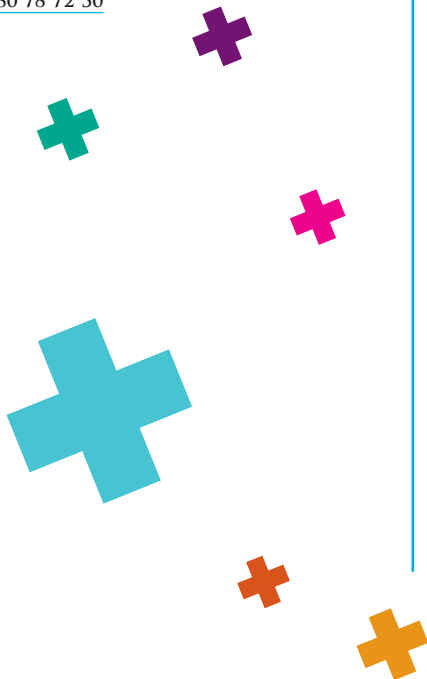
• 03 80 41 23 76

• www.adoma.fr

FOYER ABRIOUX

26 Rue du Commandant Abrioux

• 03 80 65 28 01



NECESSARY STEPS

Housing insurance

As soon as you find a place to live, you need to get housing insurance (comprehensive). It allows you to be insured in case of a robbery, fire, or water damage, etc.

Student mutuals (SMEREB or LMDE) or banks offer packages that include Social Security and/or the mutual, housing insurance and civil liability. Be sure to check out all the possibilities offered by different organizations :

• www.lmde.fr or • www.smereb.fr

Guarantor

The guarantor is a person who vouches for the deposit in case you have a problem paying rent in time. The guarantor must be a resident of the European Union and be able to justify monthly revenue of at least twice your monthly rent.

Non-EU students staying at CROUS (on campus) must advance two months' rent in the absence of a warrantor.

This is the most important obstacle when looking for housing in the private sector for international students because some landlords demand that the guarantor be French so that certain steps will be easier. Having roommates can help solve this problem.

Inventory

This document is signed by the landlord and the person renting and describes the state of the apartment room by room when moving in (State of property when moving in). It is mandatory to bring up all of the problems seen (the state of the floors, roof, mailbox, heating, taps, and diverse equipment...). Inventory when leaving allows you to verify, in the presence of the landlord and renter, the existence or lack of damage caused in the apartment. In the case of damage, the landlord uses the deposit to reimburse the cost of reparation; if no damage is found the deposit is given back within two months.

Housing tax for private housing

If you are in private housing you must pay housing taxes. It is settled the year following the renting of an accommodation on January 1st. The amount of the housing tax generally corresponds to one month of rent.

GOOD TO KNOW !

* Your housing budget

• RENT AND UTILITIES

- > The payment of rent is monthly.
- > Electricity, gas (every 2 months),
- > Water (every 6 months),
- > Insurance (once a year),
- > Housing taxes (see above)
- > Sometimes you will need to pay utilities for the collective ownership (automatic lighting, common areas, cleaning).
- > Telephone, Internet.

Upon asking, the payment of certain utilities can be done monthly.

• THE COSTS OF MOVING IN

You should anticipate :

- > Paying a security deposit,
- > Paying one month of rent in advance,
- > The cost of housing insurance.



**ALLOCATIONS
FAMILIALES**

Housing assistance (l'aide au logement)

Anyone living in France, regardless of nationality, can benefit from housing assistance.

Housing assistance can either be given to you directly (only on a french bank account) or sent to the lessor if they ask for it.

Housing benefits are not limited in time.

Under what conditions ?

You must have justification of a residence permit for non-EU students or a European health insurance form for European citizens.

All types of accommodation can allow you to benefit from housing assistance. Be precise about what type of housing you occupy when asking: this is very important when calculating what you have the right to receive.

Getting this help is not automatic, it is granted in relation to the rent and the revenue received the previous year.

To get it, you must ask the Caisse d'Allocations Familiales (CAF) and **have a bank account in France**.

If you are staying in university housing (CROUS)

The university's hall of residence will take care of your file as soon as they receive photocopies of supporting documents (see below).

If you are not staying in University housing (CROUS)

You must send a file including the above documents to the CAF in Dijon (see the adress below).

If you are living with roommates

Each roommate must ask separately for assistance by declaring their own income. The calculation of housing assistance takes into account the amount of rent each person pays.

How to ask for housing assistance ?

The 1st step is to fill in the form to ask for housing assistance on the website • www.caf.fr. Then you have to collect these support documents :

- > The form to ask for housing assistance filled out online, signed and dated,
- > Student ID,
- > ID,
- > Health insurance certificate or a copy of your European Health Insurance Card ,
- > Copy of your birth certificate,
- > Residency card for people from outside the EU,
- > RIB (Relevé d'identité bancaire) : Bank account details.

Things to know

- > Allow two or three months for an answer to your application.
- > Your rights come into effect on the first day of the month following your arrival in the accommodation.
- > You will receive the housing subsidy from the moment you ask for it, not from the moment you moved in.
- > For example: if you move in between the 1st and 30th of September, you will receive your housing subsidy starting from October. But if you apply for it on the 15th of October, you will not receive it before the 1st of November.

**PRACTICAL
INFORMATION**



Contact

CAF de Dijon
8 Boulevard Clémenceau
21000 Dijon
• www.caf.fr

Short-term housing

You have several options for short term accomodation before finding somewhere better !

Some suggestions

CROUS DIJON

(For five days or less ; €13,35/night)

See conditions on the Crous Dijon / Logement de passage websites :

• www.crous-dijon.fr

FOYER DES JEUNES TRAVAILLEUSES

31 Boulevard de la Trémouille, 21000 Dijon

• 03 80 30 28 33

Price : €16/night

RÉSIDENCE INTERNATIONALE DES ÉTUDIANTS (RIE)

4-6 Rue Maréchal Leclerc, 21000 Dijon

• 03 80 71 71 00

Price : €24 /night

Youth hostels

CENTRE DE RENCONTRES INTERNATIONALES

1 Avenue Champollion, 21000 Dijon

• 03 80 72 95 20 • www.cri-dijon.com

Price : >€40

HOTEL STARS DIJON

18 Rue Jean Moulin, 21300 Chenôve

• 03 80 52 15 11

For more information :

• www.aubergesdejeunesse.com

Couchsurfing

This is a free service for finding accommodation for few days. On the website • www.couchsurfing.org, you will find people in Dijon offering their couches for few nights.

Useful vocabulary for finding housing

ANC (ancien) : old

BE (bon état) : good condition

Caution : Deposit - a sum of money that you pay the landlord as a guarantee and is given back when you leave the apartment if it isn't damages.

1 CH (une chambre) : one bedroom

GGE (garage) : garage

IMM (immeuble) : apartment building

Kitchenette : small kitchen

RDC (rez-de-chaussée) : ground floor

SDB (salle de bain) : bathroom

Charges : Service charges - sums that are added onto the rent and generally concern the costs of heating and security.

CC (service charges included) or **TTC** (all taxes included) or the opposite **HC** (service charges not included).

Contrat de location ou **Bail** : Lease - this is the document that specifies the conditions and dates when renting an accommodation. The total of the rent and the service charges must be mentioned on this.

EDF (Electricité de France) : the electric company in France and services for the installation of electricity.

GDF (Gaz de France) : the gas company in France and services for installing gas.

RIB (Relevé d'Identité Bancaire) : bank account details - it is given to you by the bank when you open your bank account and is a document that has references of your bank and your personal account.

Studio : housing that includes a single room (generally between 20 and 30 m²) with a small kitchen, shower and toilet.

F1/T1. F2/T2. F3/T3 : F (for function) or T (for type). It's actually the same thing! The numbers 1, 2, 3, 4, 5 correspond to the number of rooms – not including the kitchen, bathroom, WC – that are in the apartment.

Laundromat



If you live in a residence hall or hostel, you will have access to one or two washing machines and a dryer for quite reasonable prices (eg. For Crous residences, 2€80 for a washer and 1€20 for a dryer).

If you rent a furnished apartment, you may have a washing machine, otherwise you'll have to go to a "coin-operated" laundromat. Prices depend on the amount of laundry, but for the standard size (8 kg of laundry) you can expect about 4€. The dryer usually costs between 1 and 2€.

To find the laundromat nearest to you, go to : • www.pagesjaunes.fr

Good tip

On the website • www.lamachineduvoisin.fr, people offer the use of their washing machine, the price is generally between €2 and €5. This way, you can also enjoy meeting new people.



Sorting of recyclables

Sorting recyclable material and recycling it helps to reduce our "carbon footprint".

In Dijon, there are three types of bins for sorting recyclable waste:

- > Grey bins for household waste
- > Yellow bins for plastic, paper, and cardboard
- > Green bins for glass

• WARNING •

If you don't sort properly, it wastes time for those who must sort it again. Often, poorly sorted bins are not accepted at the recycling center, and are left with the non-recyclable waste. In addition, you may be fined !

Useful information

Household waste (Bac GRIS), recyclables (yellow container), are collected in the municipalities of Greater Dijon, Monday through Friday from 5 am 30 - outside city center of Dijon - where the collection is performed in two areas , from 19h 30.

Household waste (gray container), and recyclables (yellow container) are collected in the municipalities of Greater Dijon, Monday through Friday beginning at 5:30a.m. Outside the city center, pick-up happens in two areas, beginning at 7:30p.m.

Useful numbers

> To give a « second life » to used goods, Emmaüs will take them.

• 03 80 23 80 11 • www.emmaus-dijon.org

> For large or bulky objects (furniture, refrigerators,...) you can ask them to come and take them away by appointment and for free.

• 0 800 12 12 11

• www.trionsnosdechets-dijon.fr

For more information : www.grand-dijon.fr or at the free number : • 0 800 12 12 11



PRACTICAL INFORMATION



* Buying furniture for you apartment

Be aware that in Dijon you can find furniture stores in the downtown area as well as in the outskirts of the city, in department stores.

You have the choice between new or used furniture.

For new furniture, the stores in the downtown area are generally much more expensive.

To find "good deals," you need to go to the commercial zones.

Also think about markets that sell used goods where you can find furniture that isn't expensive and of good quality.

You can also check the following websites :

• www.troc.com • www.leboncoin.fr • www.emmaus-dijon.org

Bank account

Opening a French bank account is essential and will provide you the means to make payments efficiently: credit card, cheque book.



To pay for things in France, most often used are :

- > bank cards for purchases in shops,
- > cheques or direct deposit for gas, electricity, etc.,
- > cash for small amounts.

Advantages of a bank account, bank cards, and cheque books :

- > save on commissions for foreign currency exchange,
- > make transfers easily (to pay for phone or electricity bills, etc.)
- > to receive housing assistance, social security reimbursements, wages, etc.

Opening a bank account isn't a complicated procedure. The documents required are :

- > identification passport, identity card,
- > for citizens from outside the European Union, the residence card (la carte de séjour),
- > proof of address (electric or telephone bill, rent receipt, or if you don't have a rent receipt, a copy of the lease + certificate from your landlord / landlady),
- > a school certificate

Cheque books are usually free, unlike bank cards which cost from 30 to 40 euros/year (usually the bank card is free for students)

Transfer between different French banks pays off: the cost is between €0,60 and €4. An alternative might be paying by cheque, a method widely used in France to pay for purchases, rent or bills.

• WARNING •

The day you open your account, you must deposit a minimum of 15€ into the account. If you spend more than you have in your account, you will have to pay overdraft fees, called "bank charges", which are generally very high.

Tip: Check with your bank at home to see if it is associated with a French network (partner bank), which may facilitate your operations on arrival.



GOOD TO KNOW !

* The moneo card

The student card delivered by the university of Burgundy is a moneo card.

The Moneo card is an electric wallet. To recharge this card, you can buy « top-ups » in most CROUS and can be payed with cash without fees.

So, you can pay for the things you buy in businesses that are MONEO affiliated everywhere in France, as well as in a certain num-

ber of automatic distributors (drinks, stamps, TER tickets...) and parking ticket machines, recognizable thanks to the Moneo logo.

With this card, you can pay for your meals in the university restaurants Mansart and Montmuzard.

• For more details and to see all of the advantages you get with this card check out the websites : • www.moneo.net.

The health care system in France

In France, when you are a student you must be affiliated with the Student Social Security (SS étudiante). It's a necessary condition in order to be registered in a French establishment of higher education.

Student social security

The Student Social Security is the organization that reimburses your health expenses.

It will cover you beginning October 1st (or the beginning of the university school year) and during the length of your studies (renewable each year).

It is free for those who are less than 20 years old at the beginning of the school year (or September 30th). There is a charge for people over the age of 20. Except for those with scholarships or those under certain special health insurance regimes (as indicated in the chart below).

Additional Insurance Cover

To cover the costs that aren't reimbursed by social security, you can choose a complementary mutual, but this support is optional.

You will have the choice between two Mutuels: the LMDE or the SMEREB. Many benefit plans at different prices will be offered. You should expect to pay at least €80.

For more information :

• www.lmde.fr et • www.smeret.fr

	EEE & EEC Resident (between 16 & 17 y/o)		Non EEE & EEC Resident (between 16 & 28 y/o)	You are more than 28 y/o (whatever your origin)
	If you've a valid CEAM* or an E128 or E111 form	If you don't have a valid CEAM or an E128 or E111 form		
Join the student social security	NO	YES	YES	Join the CPAM*
Pay the contribution to the student SS	NO	Annual fee (≈ 198 €) except if you have a grant from the French government	Annual fee (≈ 198 €) except if you have a grant from the French government	

* CEAM = Carte Européenne d'Assurance Maladie / * CPAM = Caisse Primaire d'Assurance Maladie

GOOD TO KNOW !

✿ La carte vitale (the social security card)

Non European students registered with a French mutual to have social security and/or the complementary health coverage receive the "Carte Vitale."

This card is used for the remote transmission of personal data and medical procedures towards the center for student social security. You must present this card to healthcare professionals each visit. It will allow you to benefit from quick and simple reimbursements.

For more information : • www.ameli.fr



Healthcare

Dijon hosts a SAMU (Emergency medical services), a CHU (university hospital) and several clinics for important and/or urgent healthcare.

In certain neighborhoods near where you live and for common healthcare, you can find medical centers.

- > The CHU in Dijon is divided into three centers :
- > The Hôpital du Bocage (2 bd Maréchal de Lattre de Tassigny)
- > The Hôpital Général (2 rue de l'Hôpital et 3 rue du Faubourg Raines)
- > The Centre gériatrique de Champmaillot (Champmaillot geriatric center) (2 rue Jules Violle).

Student health / accident insurance

Think about getting a student health / accident insurance (more commonly called civil responsibility insurance): either you already have a health / accident insurance and you must verify that it covers you in France, or you don't have one and you need to get one upon arrival in France.

This insurance is MANDATORY upon enrollment in an establishment of higher education in France. It covers damages caused or received during studies, internships, and sports and gives you diverse guarantees (loss and theft, repatriation, accidents, etc.). Different organizations offer you this type of insurance (like the LMDE or the SMEREB).

PRACTICAL INFORMATION

Doctors

In France it is mandatory to choose a "médecin traitant" (attending physician). Their role is to coordinate the different consultations and exams necessary to following your health. They can act as a general practitioner (for any health problem) or as a specialist. You should see your "attending physician" first. They can, depending on the pathology, send you to a health professional that is more qualified to treat your situation.

You can find a list of doctors on the Health insurance website : • www.ameli.fr or on the medical online phone book : • www.annuaire-medical.fr.

How to choose your « médecin traitant » ?

You need to get a form from your student mutual or from the Caisse Primaire d'Assurance Maladie (Primary Health Insurance Fund) (European or Quebecker students). This form is to be filled out and signed by the doctor you have chosen before returning it to the organization that gave it to you.

Some specialists are not concerned by system of « médecin traitant » : gynecologists, ophthalmologists, psychiatrists and neuropsychiatrists, and stomatologists. The professions of Paramedical such as dentists, and physiotherapists are not concerned either.

• CAUTION •

You must always see your attending physician before going to consult a specialist. If you don't choose an attending physician or don't see one before seeing a specialist, the rate for being reimbursed by social security will be reduced.

✿ In case of hospitalization

You must provide your social security card, your mutual card, and your ID or residency card.

Preventive medicinal associative network

There are numerous associations or organizations involved with prevention plans and informative campaigns at the local, regional and national level. You can get information from the following organizations :

- > Centre régional d'information jeunesse (CRIJ) :
• www.ijbourgogne.com
- > Mouvement français pour le planning familial (birth-control pregnancy)
• www.planning-familial.org
- > Association AIDES (AIDS) : • www.aides.org
- > Association : drugs, alcohol, tobacco information service:
• www.drogue.gouv.fr

Pharmacies

In France, medicine can only be bought in pharmacies and pharmacists are capable of recommending medicine to sick people.

In principle, you only pay for a part of the costs that are not reimbursed by Social Security and by your complementary mutual, if you have one.

In France pharmacies are not open 24/7 but in emergencies there is always a pharmacie de garde (24 hour pharmacy)

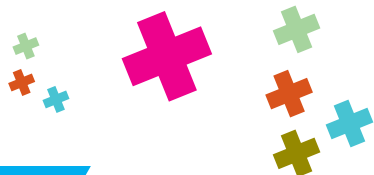
To find the 24 hour pharmacy the closest to you, you can call • 3915 (0.15 € all taxes included/min). Otherwise, call • 15 (SAMU) or • 18 (firemen), free calls.

After 11:00 p.m. you can go to the Hotel de Police (Place Suquet in Dijon) with an ID, and they will let you know where the 24hour pharmacy is.

You can find a list of pharmacies on the website :

- <http://abcpharmacie.fr/dijon-21000>

• WARNING •
Excess fees sometimes apply.



Health cost reimbursement

To be reimbursed for your health costs, it is necessary to :

- Declare an attending physician (a general practitioner)
- Show your carte vital (vital card) or your European Health Insurance Card each time you visit the doctor. If you forget it, you will get a care sheet, to fill out and send to your health insurance company,
- Show the prescription and your carte vital (vital card) to the pharmacist

You will pay the price of the consultation. You will then be reimbursed by Social Security and your mutual directly on your bank account: you can either go to the office of the organization that insures you (LMDE or SMEREB), or send your demand for reimbursement by mail.

Emergency numbers

- > DOCTOR ON CALL : • [03.80.40.28.28](tel:03.80.40.28.28)
(Every week night from 7:30 p.m. to 8:00 a.m., Saturday from 12:30 p.m. to 8 p.m. and Sunday from 8:00 a.m. to 8:00 p.m.).
 - > SOS MÉDECINS DIJON (Dijon SOS ambulances) : • [03.80.59.80.80](tel:03.80.59.80.80)
 - > SOS MAINS (SOS hands) : • [03.80.70.38.38](tel:03.80.70.38.38)
 - > SOS KINÉ (SOS physiotherapy):
• [03.80.53.70.00](tel:03.80.53.70.00)
 - > SOS 21 (visits and medical emergencies) :
• [03.80.78.68.68](tel:03.80.78.68.68)
 - > SAMU (emergency medical service): • [15](tel:15) (appel gratuit)
 - > POLICE : • [17](tel:17) (free call)
 - > LOCAL POLICE : • [03.80.74.51.53](tel:03.80.74.51.53)
 - > FIRE SERVICE : • [18](tel:18) (free service)
- Single European emergency number that works on cell phones : • [112](tel:112) (free call)

To take the screening test for AIDS (and hepatitis), it's free, anonymous, fast and without appointment :

- > CENTRE DE DÉPISTAGE anonymous and free
1 Rue Nicolas Berthot - 21000 DIJON
• [03 80 63 68 141](tel:03.80.63.68.141)
• www.sida-info-service.org

Rates of reimbursement

More information on the health insurance website : • www.ameli.fr.

Medical consultations

In the framework of healthcare coordinated by your attending physician and dentists, the reimbursement is 70% (not including a €1 flat fee that is applied systematically). The consultation rates and the amount serving as a basis for reimbursement by the health insurance company vary depending on the doctor (general or specialist) and their line of business (sector 1: rates registered with the State or sector 2: consultation fees).

Medicine

They are taken care of through medical prescription (doctor, midwife, and surgeon-dentist). The rate of reimbursement can vary from 15% to 100%.

Optical expenses

The rate of reimbursement for frames and glasses is generally 65%. Contact lenses are equally paid for at 65% but only under certain conditions.

Useful addresses

CPAM (Caisse Primaire d'Assurance Maladie)
8 Rue Docteur Maret - 21000 Dijon
• [08 11 70 36 46](http://08.11.70.36.46) • www.ameli.fr

LMDE (La Mutuelle Des Etudiants)
33 Rue Nicolas Bornier - 21000 Dijon
• www.lmde.com

SMEREB (Société Mutualiste des Etudiants des régions Bourgogne - Franche-Comté)
11 Ter Boulevard Voltaire - 21000 Dijon
• www.smereb.fr

SAMU (Service d'Aide Médicale Urgente)
2 Boulevard Maréchal de Lattre de Tassigny -
21000 Dijon
• [03 80 29 55 00](http://03.80.29.55.00), • 15 (free call)
• www.chu-dijon.fr

CHU (Centre hospitalier universitaire)
1 Boulevard Jeanne d'Arc -
21079 Dijon CEDEX
• [03 80 29 30 31](http://03.80.29.30.31), • www.chu-dijon.fr

PRACTICAL INFORMATION

✱ English speaking !

PHYSICIANS

> CABINET MEDICAL :

Dr. PISTRE or Dr. LUCET

15c Boulevard de la Marne - 21000 Dijon

• [03 80 33 99 25](http://03.80.33.99.25)

> Dr. ROUGEOT

3 Place Saint Bernard - 21000 Dijon

• [03 80 30 72 89](http://03.80.30.72.89)

> SOS médecins

24 hours a day, seven days a week

• [03 80 59 80 80](http://03.80.59.80.80)

> SOS 21

24 hours a day, seven days a week

• [03 80 78 68 68](http://03.80.78.68.68)

DENTISTS

> Dr. Anthony STAVELEY (British)

10 Rue Gymnase - 21000 Dijon

• [03 80 50 07 71](http://03.80.50.07.71)

> Dr. VINCENOT

4 Avenue de la 1^{ère} Armée française - 21000 Dijon

• [03 80 30 18 18](http://03.80.30.18.18)

> Dr. Alex AKNIN

18 Avenue de la 1^{ère} Armée française - 21000 Dijon

• [03 80 50 12 77](http://03.80.50.12.77)

PSYCHOLOGIST - COUNSELLOR

Mrs Odile Forgues

10 Quai Nicolas Rolin - 21000 Dijon

• [03 80 59 15 30](http://03.80.59.15.30)

To help you

Several structures are able to help you.

Embassy, consulate and diplomacy

To find an embassy, or a consulate in Dijon or in France, you can go to the website : • www.mfe.org

HONORARY CONSULATE /
CENTRE CULTUREL FRANCO-ALLEMAND
MAISON DE RHÉNANIE-PALATINAT
29 Rue Buffon - 21000 Dijon
• 03 80 68 07 01
• www.maison-rhenanie-palatinat.org

HONORARY CONSULATE OF SWEDEN
101 Rue de Talant - 21000 Dijon
• 03 80 57 14 46

CONSULATE OF MOROCCO
26 Rue de Broglie - 21000 Dijon
• 03 80 56 64 23

HONORARY CONSULATE OF BELGIUM
99 Rue de Talant - 21000 Dijon
• 03 80 58 33 58

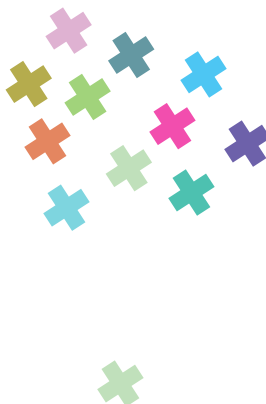
HONORARY CONSULATE OF FINLAND
26 Rue Chabot Charny - 21000 Dijon
• 03 80 67 13 24

HONORARY CONSULATE OF MEXICO
11 bis Cours Charles de Gaulle - 21000 Dijon
• 03 80 68 20 19

HONORARY CONSULATE OF BRAZIL
9 Rue du Temple - 21 000 Dijon
• 03 80 41 92 69

HONORARY CONSULATE OF ITALY
64 Rue Vannerie - 21000 Dijon
• 03 80 66 27 30

VICE HONORARY CONSULATE OF SPAIN
11 Rue du Tillot - 21000 Dijon
• 03 80 49 82 66



Discrimination

If you are a victim of unequal treatment based on race, gender, disability, etc...no matter what the situation, you can contact "l'antenne municipale et associative de lutte contre les discriminations (AMACOD)"
Roles of AMACOD :

- > It welcomes those who consider themselves victims of discrimination.
- > It informs victims of discrimination about their rights.
- > It can direct victims of discrimination to lawyers or to specialized associations

For more info or to report an instance of discrimination, call « Allô mairie » at :
Allô mairie au • 0 800 21 3000 (free call)

For more information : • www.amacod-dijon.fr, • <http://defenseurdesdroits.fr>



Handicap

At the national level

> Universities and "grandes écoles" mostly participate in the employability of their graduates with disabilities through internships. Check with the host service and support for disabled students at your institution.

> The Cap Emploi network • www.capemploi.net/accueil

> The Handi-Up website • <http://www.handi-up.org> connects students and recent graduates with disabilities with the business world by providing services such as the filing of their employment profile (Curriculum Vitae, etc...) or consulting opportunities in recruitment.

At the local level

> Pole handicap de la Ville de Dijon

Centre Communal d'Action Sociale

61 Rue des Godrans - 21000 Dijon

• 03 80 44 81 08, www.mhremigius@ccas-dijon.fr

For more information about the services accessible to persons with disabilities, visit :

• www.hanploi.fr, • www.handicap.fr

> Association Sport Handicap Culture de l'Université de Bourgogne - ASHCUB

Bureau 109 - Maison de l'Etudiant - 21078 Dijon

• 03 80 39 90 88, • www.ahscub@gmail.com



Dimanche 24 novembre 2013

6^e édition

Mangez le monde à votre table

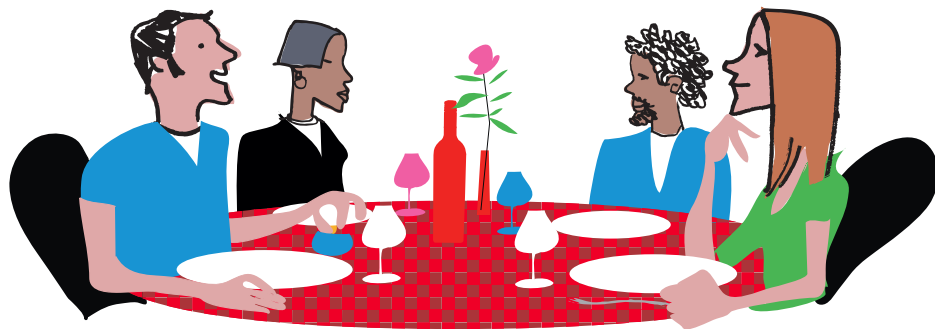


**Habitants
de Dijon et du
Grand Dijon**

invitez chez vous un étudiant
étranger à déjeuner et partagez
un repas en famille !

**Étudiants
internationaux**

dégustez un repas dans
une famille dijonnaise
et faites-lui découvrir
votre culture !



Inscrivez-vous avant le 15 Novembre 2013 sur www.crous-dijon.fr
Rejoignez le CROUS sur [facebook](#) ou téléphonez-nous au 03.45.34.84.92

The french education system

The French system of higher education regroups several types of establishments that can be either public or private.

A wide offer

France pursues a policy of equal treatment towards all students, French and foreign :

- > Enrollment fees are the same for all students (national and international),
- > All students benefit from the same rights (social security, discounts, housing assistance).

In France the school year starts in September or October and ends in May or June depending on the establishment and the type of education.

THE LMD SYSTEM

In the framework of European diploma equivalency, most higher education establishments in Dijon adopted the système LMD (Bachelor, Master, and Doctoral) in 2004.

Studies are founded in 3 levels :

- > Bachelor (3 years of study or BAC + 3 years),
- > Master (2 years or BAC + 5 years, the second year being oriented towards either professionalization or research)
- > Doctora (3 years or BAC + 8 years).

The Bachelor-Master-Doctoral reform aims to favor the mobility of students in Europe.

The programs are organized in semesters and units of teaching or modules (UE). Each unit has a defined value in European Credits (ECTS, European Credit Transfer System). These credits are cumulative.

A year is equivalent to 60 credits ECTS.

Lexicon

Cours magistraux (CM) : Lectures, classes that are based on theory.

Travaux dirigés et pratiques (TD et TP) : Tutorial and practical classes, students are separated into sub-groups in order to enrich what has already been studied in lectures and to speak with the teacher.

Contrôle continu : Continuous assessment, organized all throughout the year. A grade can be attributed for the work accomplished, notably in TD (tests, written work, oral presentations...).

Examens partiels : Midterm exams, organized during the school year.

Examens terminaux ou de fin d'année : Final exams either written or oral, they are organized at the end of the semester or at the end of the university school year depending on the courses.

A remedial session is organized depending on each case. Within the framework of some exchange programs it is organized before the student leaves.

To see the exact dates we invite you to consult your university's calendar.

For more information, check the website of the Ministère de l'Enseignement Supérieur (ministry of higher education) :

- www.enseignementsup-recherche.gouv.fr,
- or on the website of Campus France :
- www.campusfrance.org.

PRACTICAL INFORMATION

Foreign students can obtain a work permit if they find a job within 6 months of finishing a Masters degree.

Diplomas of higher education in France

GRADES		UNIVERSITÉS		
9	18 semestres (+9 années)	- Diplôme d'Etat de docteur en Médecine	ECOLE DOCTORALES	
8	DOCTORAT 16 semestres (+8 années)	- Doctorat		
7			GRANDES ÉCOLES ECOLE DE COMMERCE ECOLE D'INGÉNIEUR	ECOLE D'ART ECOLE D'ARCHITECTURE AUTRES ÉTABLISSEMENTS (LYCÉES, ÉCOLES SPÉCIALISÉES)
6	12 semestres (+6 années)	- Diplôme de docteur en Chirurgie dentaire - Diplôme de docteur en Pharmacie	- Mastère spécialisé - MS - Master of Business Administration - MBA	- HMONP (Habilitation à exercer en son nom propre la maîtrise d'œuvre)
5	MASTER 10 semestres (+5 années) 300 ECTS	- Master Recherche - Master Professionnel - Diplôme d'ingénieur	- Diplôme d'ingénieur - Master of Science - MSc - Diplômes des écoles de commerce - Diplômes des Grandes Ecoles	- Diplôme des Ecoles d'art DNSEP - Diplôme d'Etat d'architecture - Diplôme des écoles spécialisées (paramédical, social, tourisme...)
4				
3	LICENCE 6 semestres (+3 années) 180 ECTS	- Licence - Licence professionnelle		- Diplômes des Ecoles d'art DNAT - DNAP - Diplôme d'études en architecture
2	4 semestres (+2 années)	- Diplôme Universitaire de technologie - DUT	- Admission en première année des Grandes Ecoles - Classe préparatoires aux Grandes Ecoles - CPGE	- Diplôme des Ecoles d'art - DMA - Brevet de technicien supérieur (BTS) - Section de technicien supérieur dans les lycées.
1				

Fin d'études secondaires + Baccalauréat ou équivalent
= **Entrée dans l'enseignement supérieur**

Establishments of higher education in Dijon

Dijon and its suburbs have numerous educational establishments: several establishments for higher education, 14 public and private high schools, one of which is a European high school, 24 public and private middle schools, and 173 elementary and primary schools.

More than 30,000 post high school students are in higher educational programs in the heart of Burgundy's capital.

Université de Bourgogne



Sciences Po

UNIVERSITÉ DE BOURGOGNE

As a multi-disciplinary university the UB offers programs in various domains :

- > Law, Economy, Management
- > Liberal arts
- > Human and Social Sciences
- > Science, Technology, and Health
- > The Science and Techniques of Sports and Physical Activities (STAPS).

The UB also offers:

- > Professionalized programs
- > Research programs
- > University Technological Diplomas (DUT)
- > University Institutes of Technology (IUT)
- > The Institute of Business Administration (IAE)
- > Institutes of Professionalized Universities (IUP IDERI)
- > The Great School for Teaching and Education (ESPE)
- > Engineering Schools
- > l'Institut Universitaire de la Vigne et du Vin (The University Institute of Vines and Wine) "Jules Guyot"
- > Preparation for high level entry exams

Maison de l'Université - Esplanade Erasme - 21000 Dijon

• 03 80 39 50 00 • www.u-bourgogne.fr

CAMPUS EUROPÉEN DU COLLÈGE UNIVERSITAIRE DE SCIENCES PO PARIS À DIJON

The European Campus – Europe centrale et orientale de Sciences Po Paris (Central and Oriental Europe for Sciences Po Paris) in Dijon offers a general and multi-disciplinary 1st cycle curriculum in social science (law, economy, sociology, history, and political sciences), with an accent on the challenges in the European Union of today, the particularities of the central and oriental European countries, and questions of borders and neighboring countries of the European Union as well as countries that are current candidates.

It hosts about 120 students representing around twenty different nationalities. Students spend two years in Dijon, one year in a foreign country, and then move into one of the political science masters in Paris.

In addition to English, which is mandatory, students can learn or continue to learn one of the following languages: German, Spanish, Italian (with a parallel initiation to Romanian), Hungarian, Polish, Russian, and Czech.

14 Avenue Victor Hugo - 21000 Dijon
• 03 80 58 99 58





>> : Agrosup

GROUPE ESC DIJON BOURGOGNE / BURGUNDY SCHOOL OF BUSINESS

This is a Grande École of learning and research that was founded in 1900, and belongs to the network of the best French academic institutions in management (Conference of the Grandes Écoles).

- > Bachelor Marketing & Business, a joint diploma with Oxford Brookes University Business School (UK)
- > Master Grande Ecole (Master in Management)
- > Specialized Master (International Commerce of Wines and Spirits ; Management of Cultural Businesses and Creative Industries)
- > MSc (International Business Development ; International Management ; Wine Business ; Wine Management).
- > Master of Arts in Wine, Food and Culture
- > Executive ESC (Executive Business School)
- > Executive MBA
- > Executive Coaching Program

29 Rue Sambin - 21000 Dijon
• 03 80 72 59 00 • www.escdijon.eu

AGROSUP DIJON

Agrosup Dijon is a Higher Education Institute in agricultural, environmental and food science, aiming to train the future chiefs executive and top managers in companies and administration in the field of its expertise.

It delivers :

> A diploma d'Ingénieur (master degree level program) in the two following fields :

- agronomy and environmental science
- food science and technology

> Master degree in :

- food science, sensoriality and consumer behavior, food industry management
- environnement, ecology and evolution
- technical and economical management of farming equipment and biosystems engineering
- economy and land governance
- engineering of teaching in vocational and new technology

> Advanced master degree in :

- international marketing and trade of wines
- performance of dairy industry
- public action for the development of sustainable agriculture
- Equine science and business

The international mobility of the students is fostered with more than 70 partners in the world.

26, Bd Docteur Petitjean - 21 000 Dijon
• 03 80 77 25 25 • www.agrosupdijon.fr



ENSA DIJON ART & DESIGN ÉCOLE NATIONALE SUPÉRIEURE D'ART DE DIJON

Dijon's National School of Higher Education in Art is the oldest of seven national schools of higher education for art in region. Created in 1765, it has implemented itself regionally and nationally as well as developed an international influence.

Registered in the network of public establishments of higher education, ENSA Dijon gives two national diplomas, the National Diploma for Fine Arts (DNAP) in three years and the National Diploma of Higher Education in Artistic Expression (DNSEP) in 5 years, which is officially recognized at the Master 2 level. After a first year in common, more than two hundred students receive education in the two options of Art and Design of Spaces each year, which are designed to be symmetric and complementary.

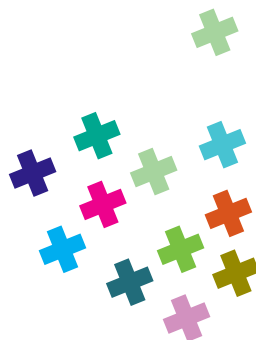
3 Rue Michelet - 21000 Dijon, France
• 03 80 30 21 27 • www.ensa-dijon.fr
• contact@ensa-dijon.fr

CONSERVATOIRE JEAN-PHILIPPE RAMEAU Musical, choreographic and theatrical practice.

24 boulevard Clemenceau - 21000 Dijon
• 03 80 48 83 40 • www.dijon.fr

Other establishments of higher education in Dijon :

- > IRTESS: Institut Régional Supérieur du Travail Educatif et Social (Regional Institute of Higher Education in Educational and Social Work)
- > Numerous establishments host students in continuing education: GRETA Dijon Tertiaire et Services (GRETA Dijon Tertiary and Services), AFPA Tertiaire (AFPA Tertiary), ESC Formation (Business training), Institut Français de Gestion. (French Management Institute).
- > Numerous Research Laboratories, in the European scope, and organizations of technological transfers are active in the heart of Dijon :
- > The laboratories of the University of Burgundy (almost 2000 researching teachers, researchers, engineers and PhD students)
- > The center for research and economy and in management engineering, Centre européen des Sciences du Goût (European center of Taste Sciences)
- > The IRNA research center (140 researchers and specialized engineers).





TRAVEL



bienvenidos
herzlich willkommen
HOSGELDINIZ
sveiki atvykę
bine ați venit

welcome
welkom
tonga soa
yökoso

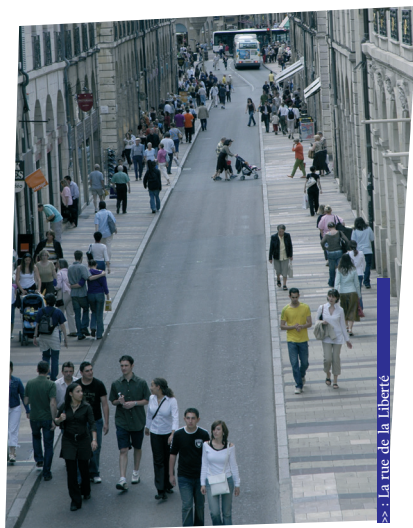


Getting around in Dijon



Walking

Dijon is an easy city for getting around on foot, people prefer walking and it is recommended. For example, the distance between l'Hôtel de Ville (Palais des Ducs) and the SNCF train station is only 1 km or 15 minutes on foot. Many streets and squares downtown are reserved for pedestrians.



>> la rue de la Liberté

Bicycles

Dijon and its suburbs benefit from a terrain that is favorable to getting around with bicycles and there are many bicycle lanes! Two possibilities are available: DiviaVelo or Velodi.

DiviaVélo

It is a service for renting bicycles for medium lengths of time to long periods of time. Once you have rented a bicycle you have no time constraints, location or specific parking place. The bicycle is for you to use whenever you want to get to class, work, go grocery shopping or just wander around !

HOW TO USE DIVIAVÉLO ?

You need to establish a renting contract, with the help of a consultant at :

- > l'Agence Divia - Place Grangier - Dijon
- > Divia's SNCF train station
- > the boutique TER
- > Transco

With your contract, you can take your bicycle, after an inventory checklist, from one of the 3 following places :

- > Downtown : « La Bécane à Jules », at 17 Rue de L'île - Dijon.
- > University Campus : CROUS - Résidences Mansart.
- > SNCF train station : VéloStation.

The rates and detailed conditions for renting are available at the Divia agency and at the Ter / Transco / Divia boutique in the SNCF train station.

For more information :

- www.divia.fr/S31-DiviaVelo.html

Velodi

Velodi is a system of bicycles that is free to use, set up by Grand Dijon. More than 400 bicycles spread out in over 40 stations allow you to get around easily in the heart of Dijon.

For more information : • www.velodi.net/.

You can also rent bicycles for a day, at the Office of Tourism (rue des Forges, at place Darcy), with rates of €12 per ½ day and €18 per day.



>> La place de la République

Public transportation / The DIVIA network

Enjoy the brand new tram in Dijon !



Since the end of 2012, Dijon and the greater Dijon enjoy a great public transport with the two brand new tram lines:

The line T1 : Gare SNCF <> Quétigny Centre (The line stops at the train station, in the city center and the campus)

The line T2: Chenôve Centre <> Valmy (The line stops at the train station and at « la Toison d'Or », a great mall in Dijon)

You will find of these information on the official website : • www.lettram-dijon.fr



The divia bus network

This bus network is composed of 5 « lianes » (intensive service) and completed by 13 « lignes B ».

How do I get my card ?

You only need to go to the Divia commercial agency, place Grangier in Dijon to get your card (€5).

Documents required :

- > a photocopy of your ID or of your passport,
- > a photocopy of proof of domicile that is less than three months old.
- > It is useless to bring a photo ID; they will take a picture of you there.

Hours and waiting times

- > Every 3 to 10 minutes during the day
- > From 5:35 a.m. to 12:30 a.m. Monday through Saturday
- > Every 30 minutes after 9:00 p.m. and Sunday morning

Calculate your itinerary and buy your transportation tickets online at the Divia website :

• www.divia.fr

The free « City » shuttle

The shuttle from downtown Dijon is connected to LIANES 1-6, without taking the pedestrian streets that are frequented the most, it allows you to get from place to place in the heart of downtown (Pl. de la République, Pl. de la Liberté, Pl. des Cordeliers, Rue Berbisey, Pl. St. Bénigne, Pl. Darcy, Pl. Grangier).

There is a regular shuttle, every 6 minutes from Monday to Friday 7:00 a.m. to 8:00 p.m. ✚

• WARNING •

The Forfait 18-25 is a subscription calculated for the current month! Therefore if you buy the pass on the 10th day of April, it will only be valid for the month of April.

**The forfait 18/25 costs
€24.75 a month.**



The One-Hour-Pass costs 1,20€. You need to pay 30 cents to get your re-usable card. If you are travelling without any ticket, you may be fined 48€ (if you do not have a ticket or pass) or 36€ (if you have a ticket, but it is not stamped).

**PRACTICAL
INFORMATION**

Dijon by car

Cars, parking and parking lots

Town centre: There are underground car parks (~ 3000 places available), but there is also surface parking, which is more difficult in certain neighborhoods.

To learn more about public car parks in the « Grand Dijon » : a website is updated with the situations, access, hours and rates:

• www.parking-public.fr

• WARNING •

For parking in a no parking place you risk getting a ticket of €35 and €17 if you don't pay for the car park.

Taxis

A taxi rank is at the train station in Dijon, in front of the Office of Tourism.

You can also call a taxi at any time at the Taxi Radio Dijon call station : • [03 80 41 41 12](tel:0380414112).

You can estimate the cost at : • www.taxis-dijon.fr

• WARNING •

To leave at a certain time, you need to reserve your taxi in advance. If you don't make a reservation you might have to wait 30 minutes for the taxi.



• GOOD TO KNOW •

Many streets and squares in the town centre are reserved for pedestrians. The use of a car is not recommended, and many times, it's easier to use public transportation.

Traveling in France and abroad

By car

A highly developed network of motorways allows easy access to Dijon by car, from Germany, Belgium, Luxembourg and Switzerland.

INFO TRAFIC

For more information : • www.autoroutes.fr

You can also check out a website for information on road traffic :

• www.infotrafic.com

To know your exact trip, here are two websites that can help you :

• www.mappy.com • www.viamichelin.com

Car sharing

Car sharing is a way of getting around where several people use only one vehicle to make the same or almost same trip which has several advantages:

- > sharing car expenses, gas, tolls, parking;
- > reducing traffic and pollution ;
- > helping each other ;
- > meeting other people.

On the following websites you can look for rides or offer a ride that you are going to take with your vehicle :

• www.covoiturage.fr • www.easycovoiturage.com

Renting a car

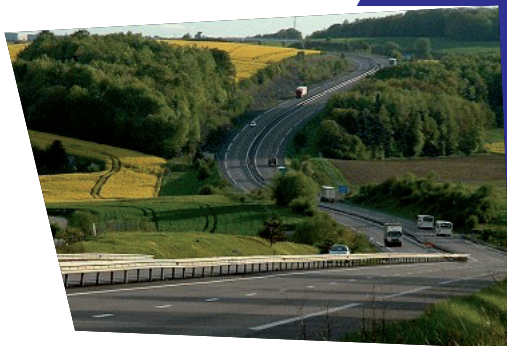
You can also rent a car for a period starting at a couple of hours and going to several months. You have the choice of a wide range of vehicles.

For more information :

• www.location-voiture-gare.com/gare-dijon.htm

• WARNING •

In general each car rental agency requires a minimum driving age and a minimum length of time for having a driver's license. Every driver under the age of 25 must sign up for youth drivers insurance.



A FEW REFERENCE POINTS :

Paris - Dijon :

Distance: 310 km (~192 miles) ;

Time: 3 hours ; motorway : A6.

Lyon - Dijon:

Distance : 200 km (~124 miles) ;

Time: 2 hours ; motorway : A6.

Marseille - Dijon:

Distance: 500 km (~310 miles) ;

Time : 4 hours 40 minutes; motorways : A7/A31.

Bus transport

Transco

The TRANSCO network accounts for numerous lines that are regularly open to everyone and links the communities of Cote-d'Or and its neighboring communities

It consists of a single rate of €1.50 per journey.

CONSEIL GÉNÉRAL DE LA CÔTE-D'OR - SERVICE TRANSPORTS

53 bis Rue de la Préfecture - 21035 Dijon

• 03 80 63 66 00 • www.cotedor.fr

Eurolines

Dijon is well-linked to numerous European countries by the Eurolines busses. If your city of destination isn't linked to Dijon you still have the possibility of going to a nearby city (Paris, Lyon) For people who are less than 26 years old there is a discount of 10%.

EUROLINES DIJON

53 Rue Guillaume Tell - 21 000 Dijon

• 0 892 89 90 91 • www.eurolines.fr

Traveling by train

The Société nationale des chemins de fer français (SNCF) is the public French company that is in charge of the passenger train service.

TER

The Burgundy TER (Transport Express Régional Bourgogne (Burgundy Regional Express Transport) is the public transportation in Burgundy and it offers numerous possibilities for traveling in Burgundy!

For more information : • www.voyage-sncf.fr

TGV

A TGV is a «high speed train» that can move at up to 320 km/h (~198mph) on certain rails. The TGV network allows rapid access to the biggest French cities such as Paris, Lyon, Marseille or Strasbourg and even to several cities in Burgundy (Chalon-sur-Saône, Beaune, Le Creusot, Montbard...).

« Carte Jeunes » (18-27 y/o)

This advantage card costs €50 and is valid for a year. This card permits a discount up to 60 % off on TGV and from 25 % (« période blanche ») to 50 % (période bleue ») off. (see on the table below).

« Carte Week-end »

Irrespective of age, it costs €75 for a year and allows to travel with a discount from 25 % to 50 % depending on the period. It applies for the card holder, and the person who travels with him !

For more information : • www.sncf.com/fr/tarifs-reduits

LA SEMAINE TYPE:

The discount is of 50 % during the « période Bleue » and of 25 % during the « période blanche ».

du lundi au jeudi	0h	6h30	8h		17h	18h30	0h
	-50%	-25%		-50%	-25%		-50%
le vendredi	0h	6h30	8h	14h	20h	0h	
	-50%	-25%	-50%		-25%		-50%
le samedi	0h						0h
				-50%			
le dimanche	0h			15h	20h	0h	
			-50%		-25%		-50%

• WARNING •

When you take the train don't forget to punch your ticket (validate) using one of the yellow posts before you get on the platform at the train station.

Good tips

You can get "Prem's" tickets at very good prices if you book in advance online, without needing any discount card. Watch the "bons plans" on the frequently updated SNCF website :

• www.sncf.com

• www.trocdestrains.com is a website where net surfers can sell "Prem's" train tickets. You can thus find cheap tickets a few days before leaving.



Dijon also has direct TGV links with the Paris-Roissy airport and Lille (with Eurostar connections to London and Thalys to Brussels).

Night trains Thello also links Dijon with the main Italian cities.

For more informations: • www.thello.com.

TGV links also exist leaving from Switzerland (Zurich, Berne, Lausanne, and Geneva) and towards southern France (Marseille/ Montpellier-Dijon: 3 hours).

The high speed rail (LGV) from TGV Rhin-Rhône will be inaugurated with direct lines to Mulhouse, Strasbourg, Basel or Zurich.

iDTGV & iDnight

In addition, there are iDTGV and iDnight, which are subsidiaries of the SNCF and offer voyages on the TGV during the day or at night. You can only buy these tickets online but it is, however, possible to find tickets at a very good price :

• www.idtgv.com/fr.

Good tips

The Regional Council of Burgundy and TER Bourgogne offer :

> A return ticket from Dijon to Paris on Saturdays for €18

> A weekend in Paris for €25 (go on Saturday and return on Sunday)

The amount of tickets is limited but you can book 15 days in advance on the website • www.ter-sncf.com/Regions/bourgogne. Tickets are not exchangeable or refundable.

Some examples :

PARIS - DIJON :

Gare de Lyon : 1h40

Aéroport Roissy / Charles de Gaulle : 2h00

LYON - DIJON :

Lyon Part-Dieu : 1h40

MARSEILLE - DIJON : 3h30

STRASBOURG - DIJON : 2h00

Carte Inter-rail

Discover Europe by train! The European railroad network is divided into 8 InterRail zones.

It's up to you to decide where you want to go and when you want to leave. Beginning on the day of your departure you are completely free to travel for one month either in 2 zones, 3 zones or even in all of the zones. The zones you choose don't necessarily have to be next to each other.

For more information :

• www.fancais.interrailnet.com

GOOD TO KNOW !

✿ S'miles Loyalty Card

With your « Carte Jeune » or your « Carte Escapade » you can accumulate S'miles each time you buy a train ticket. The accumulation of your S'miles will give you access to free train tickets or gifts of your choice.

For more information : • www.smiles.fr

Travel by air

From an international airport

The airports of Paris, Lyon, Geneva, and Basel-Mulhouse are close to Burgundy and connected by highway or by TGV.

The Paris airports

Paris Charles-de-Gaulle / Roissy airport

The arrival at this airport may be very attractive since its TGV station serves Dijon with two trains per day. Otherwise, you can take a shuttle bus to the center of Paris and then reach Dijon city by train from Paris Gare de Lyon or Paris-Bercy.

Paris Only

Shuttle buses serve the city center (RER or Orly-bus for instance). Then you can reach Dijon city by train from Paris Gare de Lyon and Paris Bercy.

For more information :

• www.aeroportsdeparis.fr

Paris Beauvais

Most low cost flights such as Ryanair operate from this airport. To reach it from Paris, shuttles buses are your best solution. However, it takes over 1h15 from Porte Maillot and it costs €6 one way!

For more information :

• www.aeroportbeauvais.com

The other airports

Lyon / St Exupéry airport

The airport shuttle bus, the Rhônexpress tram, is relatively expensive (approximately €20) but get you in 30 minutes to Lyon Part-Dieu train station. There, you can take a train or a TGV to Dijon.

For more information : • www.lyonaeroports.fr

Mulhouse-Bâle airport

From that airport, take the shuttle to St. Louis train station where you can take a train to Mulhouse, and finally join Dijon by TGV.

For more information : • www.euroairport.com

Dôle Airport

This airport is the closest to Dijon city. However, it is also the least served by international flights. A shuttle bus there goes straight to Porte Neuve, Dijon station.

For more information :

• www.aeroportdolejura.com

Dijon - Bourgogne airport

This airport is a quite small airport, 5 km from the city center. At the moment, however, the list of destinations is pretty limited with some national (Toulouse, Bordeaux, Figari) and international (Prague, Rome, Malta) flights.

For more information :

• www.aeroport.dijon.cci.fr

Buying a plane ticket

You have the choice between national airlines and low cost ones.

To check out what is offered and better organize your trip, visit these websites for comparing prices :

• www.easyvols.fr • www.edreams.fr • www.fr.lastminute.com

PRACTICAL
INFORMATION

LIVING IN DIJON

A collage of various 'welcome' words in different languages and scripts, including English, Hindi, and Chinese, set against a background of colorful geometric shapes. The words are arranged in a dynamic, overlapping manner, with some appearing in large, bold fonts and others in smaller, more integrated text. The colors of the text and background shapes include blue, green, yellow, and red.

[illegible]

al ékouabô
l'aaslama yôkoso

Food



A french Breakfast

The famous French breakfast, commonly called “continental breakfast” in foreign countries, is a sugary meal made up of a warm drink (coffee, tea or chocolate milk) with french stick (on which you add butter, jam, honey, or chocolate spread), or with pastries (croissants, sweet buns, pain au chocolat or with raisins, etc.).

French lunch and dinner

In France even if lunch is more frequently had outside of the household, it often has a traditional structure with a starter, a main-course and then a cheese and/or dessert. From the starter to the cheese, it is customary to have bread. Meals are seen in France as an occasion to get together as a family around the table.

If you wish to eat outside of your own home a large range of choices is available: university restaurant, cafes, bars, pizzerias, neighborhood restaurants, etc. The prices go from €3 for a sandwich, to €15-25 for a full meal (starter, main-course, dessert), or much more in the gourmet restaurants.

You can find a complete list of restaurants in Dijon on the office of tourism's website :

• www.visitdijon.com

or on these websites :

• www.bourgogne-restaurants.com • www.linternaute.com • www.dijon-tourisme.com.

• GOOD TO KNOW •

From 2016 onwards, the « Cité Internationale de la Gastronomie » will open its doors on the spot of the « hôpital général » and at the kilometre 0 of the « Route des Grands Crus de Bourgogne ». It will receive in particular a wine waiting course.



French cuisine and restaurants in Dijon Burgundy, its cuisine and its wine



Snails, poultry from Bresse, Charolais beef, ham or rosette from Morvan, blackcurrant liqueur, gingerbread, and Chaource or Epoisses cheeses are ingredients that are now renowned for being local cuisine.

However, it is clear that the best ambassador and the best known product coming from Burgundy is unquestionably the wine!

From north to south in the region you can find prestigious appellations from Burgundy: Chablis, Coteaux de l'Auxerrois, Côte-de-Nuits, Côte-de-Beaune, Hautes-Côtes, Côte Chalonnaise and Mâconnais, and not to forget the Pouilly-sur-Loire vineyard.

To discover a Burgundian vineyard, follow the wine route, like the renowned wine route, between Dijon and Beaune. Take advantage and go to the cellars open to visits by viticulturalists or merchants.

University restaurant

The university restaurant is the cheapest solution for a complete and balanced meal.

The CROUS offers students in Dijon many types of university restaurants: the university restaurant (also called the Resto U or even more often the RU) and the cafeterias.

For a student the price is €3.10 (2013 rate) per meal and the Resto U's offer complete traditional or exotic meals that are varied and well-balanced.

The university restaurants

> DIJON - downtown

• **Restaurant Maret**

Monday to Friday

(11h45 -13h45 et 18h45 -20h00)

3 Rue docteur Maret

> DIJON - Campus

• **Restaurant Mansart**

Monday to Friday

(11h30-13h30 et 18h30-20h00)

94, Boulevard Mansart

• **Restaurant Montmuzard**

Monday to Friday

(11h20 - 13h45)

8b Rue Recteur Marcel Bouchard, Dijon

The university cafeterias

Cafeteria Mansart, Cafeteria IUT,

Cafeteria Droit / Lettres, Cafeteria Lamartine,

Cafeteria STAPS, Cafeteria ENSBANA, Cafeteria

Gabriel.

For more information : • www.crous-dijon.fr

Grocery shopping

If you have the possibility of cooking at home, you will find numerous grocery stores and supermarkets in town, and department stores in the outskirts.

In Dijon, the big department stores generally open their doors at 9:00 a.m. and close at 8:00 p.m. from Monday to Saturday. Certain businesses are even open on Sunday.

To find all of the businesses in Dijon, check out :

• www.achat-dijon.com

• www.sitedesmarques.com • www.dijon.fr

And at night ?

Many épiceries de nuits (night grocery shops) are found in Dijon. The prices at night are higher than in the stores that are open during the day, but they do help out.

Find an « épicerie de nuit » at :

• www.118000.fr • www.mavillelanuit.com

• GOOD TO KNOW •

You can find fresh local products at open air markets that take place every week in different neighborhoods in the city (Les Halles Centrales, Grésilles, Fontaine d'Ouche, Cîteaux). The biggest and best known is the Halles Centrales market downtown. The market takes place every Tuesday, Friday and Saturday mornings from 7:30 to 12:30 with an extension on Saturday till 6:00 p.m. in the pedestrian sector. In addition, a few food stands are open on Thursday morning under les halles.



Communication



General points

To call from abroad to France:

You must dial the French code (00 33) and then the phone number without the first 0.

For national calls in France:

The French telephone numbers consist of 10 digits. Fixed-line phone numbers begin with 01, 02, 03, 04, 05 or 09. In Burgundy, numbers begin with 03 or 09.

Mobile phone numbers begin with 06 or 07.

The numbers in the Burgundy region begin with 03 or 09.

The mobile phone numbers begin with 06 or 07.

To call France from abroad:

You must dial 00, then the international country code required and the number to call.

You can find all the phone codes on the site:

• www.indicatif-de-pays.info.

Mobile phones

Whether you already have a cell phone or want to buy one, you will find a large number of offers from different operators.



By joining ESN InsiDijon association, you will receive a free SIM card with 2 € credit that you can recharge afterwards.

For more information :

• www.lefrenchmobile.com



Internet, fixed phone and TV subscriptions

Fixed phone and TV can be included in your internet subscriptions. Most packages also include unlimited calls to numerous countries Those packages generally cost around 30 euros a month.

To take out an internet, fixed phone and TV subscription, you have to make sure that your accommodation has an open and active line. You can check that by connecting a fixed phone to the phone plug: if you can hear a dialing tone, then your line is open. If not, you will have to open one.

If your line is open, you just have to choose an operator and take out a subscription. You can price comparisons online to help you with the choice.

If your line is not open, you have several options: some operators take care of the opening of your line when you take out one of their packages. Otherwise, directly ask France Telecom.

For more information : • www.assistance.orange.fr/ouvrir-une-ligne-de-telephone-fixe.

Some operators offer an Internet contract only (without TV and telephone), for €10 to €15.



[illegible]

tervetula

SAAP KA SWAA

DOBRO DOŠLI

bine

bine ați venit

AT HEIN

OSUOLDAINTA
sveiki atvykę
WELKOMIN ijdvöz

VELKOMIN

وَالْحَمْدُ لِلّٰهِ

Nyúdvözlet

↑↑ ékouabô

l'aaslama

Yôkoso

anga soa

DALAI AK DIAM

e DALLA TIR D'ARRE

zlet

ékouabô

yôkosu

Museums

Dijon has numerous museums with significant regional collections, all of which are installed in prestigious historical monuments.

MUSÉE NATIONAL MAGNIN

It holds a magnificent collection of paintings and furniture reunited by the Magnin family.

4, Rue des Bons enfants - 21000 Dijon

• 03 80 67 11 10 • www.musee-magnin.fr

MUSÉE RUDE

It shelters castings of various statues from Francois Rude and gives access to the apse of the church; one can see the remains of the ancient castrum, the pregnant Gallo-Roman from Dijon from here.

8, Rue Vaillant - 21000 Dijon

• 03 80 74 52 70

National museums

Most of the national museums are in Paris

The national museums open their doors freely to people under the age of 26. Taking this step allows all young people from the European community to access French cultural and artistic heritage for free.

For more informations :

• www.monuments-nationaux.fr



» Sculpture / François Rude (détail)

• GOOD TO KNOW •

On the 3rd week end of September of each year, the Journées du Patrimoine make it possible to visit public et private places which are only open on these special days. The other usual cultural places (just like museums and theaters) happen to organize special events. Also, in May of each year, the Nuit Des Musées allow you to visit almost every museums for free... at night !

Municipal museums

Municipal museums are free in Dijon !

MUSÉE DES BEAUX ARTS

The rooms of the museum hold collections of paintings and sculptures from the Middle ages to the contemporary era.

Palais des Etats de Bourgogne - 21000 Dijon

• 03 80 74 52 09 • <http://mba.dijon.fr>

JARDIN DES SCIENCES

It regroups the Natural History Museum, the Planetarium and the botanic collections of the Jardin de l'Arquebuse.

1 Avenue Albert 1^{er} et 14 Rue Jehan de Marville - 21000 Dijon

• 03 80 48 82 00 • www.dijon.fr

MUSÉE D'ARCHÉOLOGIE

It occupies some of the old buildings of the Saint-Benigne Abbey and holds pieces coming from the regional excavations in Dijon, Alesia, Malain...

5 Rue Docteur Maret - 21000 Dijon

• 03 80 48 83 70

MUSÉE DE LA VIE BOURGIGNONNE

PERRIN DE PUYCOUSIN - Monastère des Bernardines

It exposes the rural ethnographic heritage of Burgundy, with reconstructions of scenes of everyday life and the interiors of old shops in Dijon from the nineteenth century.

17 Rue Sainte-Anne - 21000 Dijon

• 03 80 48 80 90 • www.dijon.fr

MUSÉE D'ART SACRÉ - Monastère des Bernardines

It shows interesting liturgical collections and a piece of a magisterial sculpture: the Visitation, coming from the convent with the same name that was destroyed during the Revolution.

15 Rue Sainte-Anne - 21000 Dijon

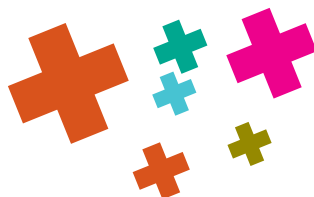
• 03 80 48 80 90 • www.dijon.fr

MUSÉE DE L'ÉLECTRICITÉ

Ses collections regroupées par thèmes, recensent le patrimoine des applications de l'électricité.

42 avenue de Stalingrad - 21000 Dijon

• 06 07 86 64 16 • www.cotedor-tourisme.com



Theatres, shows, dance, opera



Culture and art in performing arts happens every day in Dijon. In addition to public institutions, some smaller structures allow numerous styles of music and theatre. For example, « l'Espace Auto-géré des Tanneries », a social, cultural and political center is located in an industrial wasteland.

For all information concerning the theatres and cultural events in Dijon, don't hesitate to take a look at the website:

• www.spectacles-publications.com.

AUDITORIUM - GRAND THÉÂTRE / OPÉRA DE DIJON (1 600 places)

The Auditorium is known as one of the best european concert hall in terms of acoustics.

11, Boulevard de Verdun - 21000 Dijon

• 03 80 48 82 82 • www.auditorium-dijon.fr

ZÉNITH DIJON (9.000 seats)

Rue de Colchide - Parc de la Toison d'Or - 21000 Dijon

• 03 80 72 21 21 • www.zenith-dijon.fr

BISTROT DE LA SCÈNE

203 Rue d'Auxonne - 21000 Dijon

• 03 80 67 87 39

PÉNICHE CANCALE - BISTROT - SPECTACLES

Port du canal - 21000 Dijon

• 03 80 43 15 72 • www.penichecancale.com

PALAIS DES CONGRÈS ET DES EXPOSITIONS

3 Bd de Champagne - 21078 Dijon Cedex

• 03 80 77 39 00

w• www.dijon-expocongres.com

LA VAPEUR

42 Avenue de Stalingrad - 21000 Dijon

• 03 80 48 86 00 • www.lavapeur.com

• GOOD TO KNOW •

Don't forget that the Carte Culture makes it possible for you to attend shows (theater, music, etc) for only 5,50€ !



GRAND THÉÂTRE

Place du Théâtre - 21000 Dijon

• 03 80 48 82 82

THÉÂTRE DES FEUILLANTS

9 Rue Condorcet - 21000 Dijon

• 03 80 76 80 80

THÉÂTRE NATIONAL DIJON BOURGOGNE (TDB)

23, Rue Courtépée - 21029 Dijon

• 03 80 68 47 47 • www.tdb-cdn.com

ATHENEUM

Campus Université de Bourgogne - 21000 Dijon

• 03 80 39 52 20

• <http://atheneum.u-bourgogne.fr>

THÉÂTRE MANSART

94 Boulevard Mansart - 21000 Dijon

• 03 80 63 00 00 • www.theatre-mansart.com

THÉÂTRE DES GRÉSILLES

3, Rue Castelnau - 21000 Dijon

• 03 80 74 52 03 • www.theatre-mansart.com

CONSORTIUM

37, rue de Longvic - 21000 Dijon

• 03 80 68 45 55 • www.leconsortium.com

GALERIE INTERFACE

12 Rue Chancelier de l'Hospital - 21000 Dijon

• 03.80.67.13.86



Libraries / Media centers

The Dijon City Library (la Bibliothèque municipale de Dijon) offers you a network of many sites made up of eight libraries and provides all types of documentary resources for everyone (free internet acces, cultural meeting points...). Registration costs 4 euros (on presentation of a student ID).

In addition to public libraries and media centers, each higher education establishment in Dijon offers libraries and media centers. (See the chapter Institutions of Higher Education in Dijon).

Visit the library network / Media Centers in Dijon website :

• www.bm-dijon.fr.



In association with the municipal library and in order to make children discover your own country and culture, ESN InsiDijon makes it possible for you to read a text you'll choose written in your mother tongue to children from 6 to 10.



BIBLIOTHÈQUE CENTRE-VILLE ADULTES (LA NEF)

1, place du théâtre - 21000 Dijon

• 03 80 48 82 55

BIBLIOTHÈQUE MUNICIPALE CENTRALE JEUNESSE

5, Rue de l'Ecole de Droit - 21000 Dijon

• 03 80 44 94 30

BIBLIOTHÈQUE MUNICIPALE FONTAINE D'OUCHE

Bd Gaston Bachelard - 21000 Dijon

• 03 80 41 59 11

BIBLIOTHÈQUE MUNICIPALE MALADIÈRE

21 Rue Balzac - 21000 Dijon

• 03 80 73 43 48

BIBLIOTHÈQUE MUNICIPALE MANSART

2 Bd Mansart - 21000 Dijon

• 03 80 31 84 51

BIBLIOTHÈQUE MUNICIPALE PORT DU CANAL

2, Place des Mariniers - 21000 Dijon

• 03 80 43 17 25

MÉDIATHÈQUE CHAMPOLLION

14, Rue Camille Claudel - 21000 Dijon

• 03 80 48 84 00

GOOD TO KNOW !

✿ La carte culture

Suppliers :

> Dijon city hall (Hôtel de Ville / Point Info et Mairie annexe Mansart)

> University Campus (Atheneum et Maison de l'étudiant)

> FNAC - Rue du Bourg,

> Grand Dijon :

• www.grand-dijon.fr

Documents required :

> 1 photo ID

> 1 photocopy of an ID

> 1 proof of students status (a copy of the student ID proof of enrollement)

> €5.

For more informations :

• www.carteculture.fr

This card only costs 5€ and allow you to get a fixed fare for shows and art-house cinema in Dijon : in partner structures, the price for a show will be 5.5€. At the "Eldorado" cinema, you will only pay 3.5€ for a movie!

Parks and open areas

Dijon offers a wide range of places for outdoor relaxation! Starting with Darcy Park, set in the heart of the city all the way to the large open spaces populated with animals. And don't forget Lake Kir, where numerous activities are offered, one of which is «Dijon Plage» (Dijon Beach) during the summer....

Dijon is home to numerous parks and very pleasant gardens :



> : Le jardin Darcy

PARC DU SUZON - JARDIN JAPONAIS
Rue Robert Delaunay - 21000 Dijon

PARC DE LA COMBE À LA SERPENT
21000 Dijon

PARC DE LA TOISON D'OR
Ensemble Zones D'activité - 21000 Dijon

JARDIN DE L'ARQUEBUSE
1 Avenue Albert 1^{er} - 21000 Dijon

PARC DARCY
Place Darcy - 21000 Dijon

PORT DU CANAL
Quai Nicolas Rolin - 21000 Dijon

LE LAC KIR
Chemin du Vallon - 21000 Dijon

PARC DE LA COLOMBIÈRE
49 Cours du Parc - 21000 Dijon

To find a park or a garden in Dijon, visit the Office of Tourism's website :

• www.visitdijon.com/fr/dijon_nature.htm

DID YOU KNOW ? Félix KIR (1876 - 1968)

Felix Kir was a canon, a political figure and the Mayor of Dijon. For almost 28 years He remodeled the old districts in Dijon. He had a considerable impact on the construction of housing, schools, and hospitals.

> Le lac Kir (Kir lake)

He was the promotor and the director of Lac dijonnais (Dijonnais lake) (inaugurated in 1964), now named Lac Kir (Kir lake).

> La boisson appelée « kir »

The Canon Kir did not, as some still think, invent the famous drink to which he gave his name. He did, however, have the good idea to offer a blanc-cassis (white wine with blackcurrent liqueur) as an aperitif to all of the people who came to visit him while he was the mayor of Dijon. Kir traditionnel (traditional kir) is an aperitif made up of 1/3 crème de cassis (blackcurrant liquer) from Dijon and 2/3 vin blanc aligoté (aligoté white wine).

There is another version called « Kir Royal » where the white wine is replaced by champagne !



> : Le lac Kir

Sport activities

The sports equipment in Dijon and its suburbs allow people to practice recreation and sport competitions thanks to:

> A soccer stadium, the local soccer team is the Dijon Football Côte-d'Or (DFCO) :

STADE GASTON-GÉRARD

9 Rue Ernest Champeaux - 21 000 Dijon

• 03 80 65 09 65 • www.dfco.fr

> Five swimming pools, one of which is Olympic size, and aquatic parks :

PISCINE OLYMPIQUE DU GRAND DIJON

Portes de Mirande - 12 Rue Alain Bombard - 21000 Dijon

• 03 80 27 04 60 • www.piscineolympique-dijon.fr

> A « palais des sport » and a « parc des sports » (sports complex)

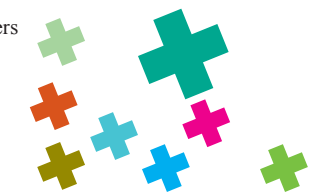
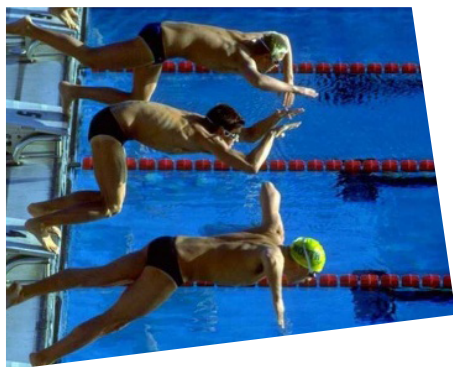
> Numerous gymnasiums, stadiums, fields and sports complexes

> An ice skating

> A shooting range

> Two equestrian centers

> Golf courses



ESN InsiDijon also organizes regular evenings out at major sport events : football matches, basket-ball, handball, ice-hockey, etc.



In addition, west Dijon's plateau, cuts into the valleys and the Vallée de l'Ouche makes up natural spaces that are appreciated for the practice of numerous leisure and outdoor activities (climbing, mountain biking, circuit hikes...).

Le Lac Kir (Lake Kir) and the Burgundy Canal offer interesting possibilities for water sports.

For more information : • www.dijon.fr/les-clubs-sportifs-et-l-omsd/0-117/



• GOOD TO KNOW •

The University Service for Physical and Sports Activities (SUAPS) at l'Université de Bourgogne offers a large selection of sports activities.

Ask if your establishment has a partnership with SUAPS and if you can participate in these activities

For more information : • www.u-bourgogne.fr/-50-activites-sportives-.html





Dijon by night Bars and pubs

In Dijon bars generally close at 02:00 a.m. except around the train station where they close closer to 05:00 a.m. You can generally find bars around these main areas: rue Berbisey / place Emile Zola (Emile Zola Square), rue Jeannin, place François Rude (François Rude Square) (people from Dijon call it place du Bareuzai), and place de la Libération (Liberation Square).

Nightclubs

Like bars, some close at 02:00 a.m. but most of nightclubs are open until 05:00 a.m.

You can find a list of nightlife spots in Dijon by visiting : • www.mavillelanuit.com or • www.visitdijon.com

HARMOnuits

ESN InsiDijon is committed against disturbance of the peace at night during its parties. We try our best to balance those who are having fun and those who are sleeping thanks to « HARMOnuits » :

For more information : • www.dijon.fr

• GOOD TO KNOW •

Don't forget about Le bus des noctambules (The Late-Night Bus) – Full Moon! They run on Thursday, Friday and Saturday nights from September to June.



A big vault and a warm ambience : this is the Kilkenny. And an unexpected decoration with a basement which is every bit as great as the dancefloor : this is the Abbey Road and both are our partner bars !



Cinema

CAP-VERT

In Quetigny, multiplex with 12 screens.

1 Rue du Cap Vert - 21800 Quetigny

• 03 80 48 13 13 • www.capvert.fr

OLYMPIA

Dijon, multiplex with 10 screens.

16, Avenue Maréchal Foch - 21000 Dijon

• 03 80 43 55 99 • www.cinemaolympia.com

LE DARC Y

(6 screens), The oldest movie theatre in Dijon.

8, Place Darcy - 21000 Dijon

• 03 80 30 25 13 • www.cinemaolympia.com

ELDORADO

Cinema showing art films (in their original language).

21 Rue Alfred de Musset - 21 000 Dijon

• 03 80 66 51 89 • www.cinema-eldorado.fr

DEVOSGE

(5 screens), Films in their original language.

6, Rue Devosge - 21000 Dijon

• 03 80 30 74 79 • www.cinedevosge.fr

P'TIT CINÉ BERBISEY

« Community and participative » cinema.

9 rue de la manutention - 21 000 Dijon

• 06 99 31 63 78 • www.leptitcine.fr

• GOOD TO KNOW •

Every cinema in Dijon have special offers for students. The cheapest are the Eldorado (€4) and the Devosge (€4.5). Otherwise, a ticket costs around €6.

"Où dîner à 21h, chanter à 23h et danser toute la nuit ?"



Le guide bon esprit c'est :

- un système de recherche en ligne qui **répertorie** les établissements de nuit labellisés par **activités et horaires** avec un descriptif pour chacun d'eux.
- Une carte "Dijon la nuit" qui regroupe les établissements de nuit labellisés, précise leurs emplacements et explique **comment s'y rendre**.

Retrouvez le guide bon esprit sur www.harmonuits.fr



HARMONuits
Le guide bon esprit



L'actualité culturelle dijonnaise



All year long, Dijon hosts many festivals and events that shouldn't be missed. All events are described on the website of « office du Tourisme » (tourist office) : • www.visitdijon.com/fr/dijon_agenda.htm.

Let's zoom on some events

« Le concert de Rentrée »

Just before the start of the school year, the city of Dijon organizes an evening of shows/concerts from 6PM to 1AM on the Place de la Libération. Very different artists are attending this show : local artists, french scene, international pop-folk, world music or electronic music : there has to be something in it for everyone ! And it's free for everyone !

« Le Kultur'Mix »

In order to promote young people's projects and their setting up, the associations based in Dijon who participate have to set up a monthly event in Dijon.

« Le Printemps de l'Europe »

In May, Dijon and its partners and associations put Europe under the spotlight by organizing festive, cultural and musical events...

« Le Printemps et la Fête du Cinema »

Le Printemps du Cinema takes place in March and June/July for la Fête du Cinéma. These two events are national and allow people to go to the cinema only paying €3.50 per show. It lasts 3 days.

January

- > Itinéraires singuliers (on odd years)
- > Modes de vie (encounters with artists and residents)
- > Art Danse (a festival for contemporary dance)

February

- > A pas contés (an international festival for youth)
- > Festival Génériq (international training in pop, rock, electronic, soul, folk, hip-hop)

March

- > Printemps des poètes
- > Irish Festival

April

- > Fenêtres sur le Monde
(a festival for full length films)
- > Kill your Pop

May

- > Festival de Printemps du Théâtre Universitaire
- > Jours de fête à Fontaine-d'Ouche
- > Théâtre en Mai
(Theatre Festival of the Theatre Dijon Bourgogne)
- > Nuit des musées (free)
- > D'Jazz dans la ville
(a night of jazz in courtyards and squares)
- > Printemps de l'Europe

June

- > Dijon plage (cultural and sportive events at Kir Lake from June to September)
- > Grésilles en fête (intercultural festival)
- > Dijon vu par ... (a painter, a photographer...)
- > Fête du cinéma
- > Clameurs (literary festival)
- > Fête de la musique
(folkloric groups, chorals and amateur brass bands)
- > Estivades

July

- > Passeurs d'images (cinema)
- > Festival Dièse
- > Nuit des étoiles
- > 14 juillet – La fête nationale de la France
– grand spectacle pyrotechnique au Lac Kir

August

- > D'Jazz au Jardin
- > Les jeudis de la voix (French music, jazz, lyrical music)
- > D'Jazz à la plage
- > Entre Cour et Jardins (shows in gardens)

September

- > Fêtes de la vigne de Dijon (folkloric shows)
- > Concert de Rentrée (amplified music)
- > Journées européennes du Patrimoine
- > Feedback (contemporary music, electronic systems and plastic art)
- > Tribu festival (world music)
- > Nuit des chercheurs
- > Journées d'accueil des étudiants internationaux
- > Journée des nouveaux habitants
- > Grand Dèj'

October

- > Fête de la science
- > Lire en fête
- > Novosonic (independent music :
French music, electronic, folk, rock, post rock)
- > Rencontres cinématographiques de Dijon
- > Tribu festival (migrant and innovative music)

November

- > Les écrans de l'aventure
(international festival of adventure films)
- > Foire internationale et gastronomique
- > Fenêtres sur Courts
(International festival of short-films)
- > Semaine de la solidarité internationale (Week of the international solidarity)
- > Why note (contemporary and explorative music)
- > Festival de Human Beat Box
- > Fête du Beaujolais Nouveau

December

- > Festival les Nuits d'Orients
- > Tour de Courts (Short film festival with comedians and directors)
- > Festivités de Noël

To see the event calendar, visit the Office of Tourism's website :

• www.visitdijon.com/fr/dijon_agenda.htm.

Media

Local Media

Dijon is host to two written media, several radio stations and a television station.

Television

FRANCE 3 BOURGOGNE

• <http://bourgogne.france3.fr>

Voo TV • www.vootv.fr



Newspapers

LE BIEN PUBLIC • www.bienpublic.com

LA GAZETTE DE LA CÔTE D'OR

• www.gazette-cotedor.fr

Radio stations

FRANCE BLEU BOURGOGNE - 91.2Fm

RADIO DIJON CAMPUS - 92.2 Fm

Located on the campus of the University of Burgundy, this radio station keeps you linked with news, presents reports and programs made by the students of the campus.

• www.dijon.radio-campus.org

Digital media

DIJONSCOPE

quotidien d'information en ligne

• www.dijonscope.com

GAZETTE INFO

l'essentiel de l'info à Dijon et en Côte d'Or en temps réel

• www.gazetteinfo.fr

POURSORTIR.COM

le guide des sorties à Dijon

• <http://dijon.poursortir.com>



National media

Television

In France, there are 25 free channels via the « TNT Network ». 5 of these channels are public entities :

FRANCE TÉLÉVISIONS

France 2, France 3, France 4, France 5, France Ô.

• www.francetelevisions.fr

Newspapers

Le Monde • www.lemonde.fr

Libération • www.liberation.fr

Le Figaro • www.lefigaro.fr

L'Humanité • <http://humanite.fr>

Courrier International

• www.courrierinternational.fr

PRESSE EUROPE • www.presseurope.eu

A free newspaper : « 20 minutes » is also given out near tram stations.

Radios Fm

Fréquence • Radio

87,9 Fm • VIRGIN RADIO DIJON

88,9 Fm • LE MOUV'

90,7 Fm • FUN RADIO BOURGOGNE

88.3 Fm • RCF

91,8 Fm • RIRE ET CHANSONS

91.2 Fm • FRANCE BLEU BOURGOGNE

93,7 Fm • FRANCE CULTURE

92.2 Fm • RADIO DIJON CAMPUS

94.1 Fm • PARENTHÈSE

94.8 Fm • RMC

95,4 Fm • FRÉQUENCE PLUS

95,9 Fm • FRANCE INTER DIJON

97.1 Fm • RADIO SHALOM DIJON

97,5 Fm • NOSTALGIE DIJON

99.2 Fm • FRANCE MUSIQUES

99.6 Fm • RFM

100.0 Fm • RADIO CULTURES DIJON

101.2 Fm • FRANCE INFO

105.1 Fm • FRANCE MAGHREB 2

104.2 Fm • RTL

100.6 Fm • NRJ

102.5 Fm • CHÉRIE FM DIJON

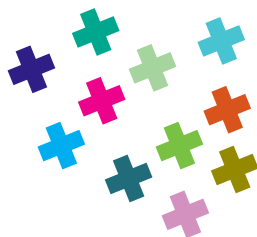
101.6 Fm • K6 FM

107.1 Fm • SKYROCK

104.7 Fm • EUROPE 1

105.8 Fm • RADIO CLASSIQUE

107.7 Fm • AUTOROUTE INFO



Involvement

Community involvement

LOCAL ELECTIONS IN DIJON:

- Every six years.
- Direct universal suffrage to designate city council members who will elect the mayor and deputies
- Communities with more than 3,500 inhabitants: proportional list representation in two rounds. European resident citizens can vote.
- www.dijon.fr



Volunteer / Community life in Dijon

Dijon has nearly 1000 dynamic associations working in different fields such as social work, arts and culture, education and youth, the economy and the environment! To find one that suits you :

- www.dijon.fr/annuaire-des-associations0-321

« La maison des associations », bringing together nearly 300 associations, is the best place to meet officials, volunteers and active members of associations.

MAISON DES ASSOCIATIONS

2 rue des Corroyeurs - 21000 Dijon

Getting involved on the University Committees

Representative bodies and the principal student elections

CROUS Administrative council

Among the 27 members who make up the CROUS administrative council, 7 are students. They are elected every two years per academy. You must elect your representatives at the CROUS administrative council in Dijon.

The CA (Administrative Council)

It is the governing body of the university organized in commissions (finance, international relations...). The people elected participate in the legislation, and in voting for the politics of the establishment, from the election of the president and vice presidents of the university to voting on the budget and recommendations from the CEVU.

The CEVU (Council for learning and university life)

This council works at setting up welcoming politics, information and orientating students. It is linked with organizing studies, pedagogy and improvements in student life. The people elected vote on recommendations for the orientation of teaching and the university calendar.

Voting is simple: you must be enrolled for the current university school year in and show your student ID card to a poll station (within the university).

For more information : • www.u-bourgogne.fr/-Conseil-des-etudes-et-de-la-vie-.html

Volunteer / Community life at the University

There are nearly 130 associations on the University of Burgundy in fields such as : culture, arts, mutual aid, ... On the Campus, A week in September is especially dedicated to these associations.

For more information : www.u-bourgogne.fr/-Les-assos-de-l-uB-en-details-.html

Finding a student or summer job

On the « CRIJ » (Regional Youth Information Center) of Burgundy website, you will find practical advice on job search, rules to follow and advertisements :

- www.ijbourgogne.com.

You will find a few job offers on the CROUS website, under the « Petites Annonces » (advertisements) tab :

- www.crous-dijon.fr.

You can also find a lot of advertisements on the following websites :

- www.pole-emploi.fr • www.jobetudiant.net • www.jobsdeto-bourgogne.com
- www.studyrama-jobs.com • www.letudiant.fr

Administrative procedures

Procedures to be followed by the student

The legal framework for the hiring of students varies according to where they come from.

> European Commission (EC) and Swiss nationals

Students from the European Economic Area and from Switzerland don't need a residence permit (carte de séjour) in order to work while studying in France, with the exception of Bulgarian and Romanian youth.

> Non- citizens of the European Economic Area and Switzerland

International students from outside the EEA or a Swiss citizen holding a temporary residence permit marked «student» can work as an employee in France, without having to apply for a work permit (this is also the case for young people from Bulgaria and Romania).

Possession of a «student» residence permit, or long-stay «student» visa equivalent to a residence permit, gives right to any paid employment throughout the city.

French law does not allow international students to work over 20 hours per week or 964 hours per year. Therefore, it allows students to work three months full-time within a year.

To see the conditions required by French regulations, visit :

- www.vosdroits.service-public.fr.



>> Les vendanges en Bourgogne

• GOOD TO KNOW •

Burgundy is a wine-making region and September marks the beginning of the harvests. At this occasion, some wine-growers need a work-force for this period of time. You can find job-offers on these websites : • www.anefa.org (website specialized in job offers in the agricultural domain) or • www.pole-emploi.fr.

Voluntary work and voluntary participation

Voluntary work

Volunteering is an unpaid and freely chosen activity generally carried out in a non-profit institution, association, NGOs, trade union or public structure in areas as diverse as sport, culture or recreation, humanitarian, health, welfare, defense of rights, environmental protection and education.

For more information :

- www.francebenevolat.org
- www.coordinationsud.org
- www.espacebenevolat.org

In Dijon, the Centre du Bénévolat Côte d'Or can inform, accommodate and guide you through an in-depth knowledge of local associations.

LE CENTRE DU BÉNÉVOLAT CÔTE D'OR
- Maison des Associations

2 Rue des corroyeurs - 21000 Dijon

• 03 80 74 38 11 • www.francebenevolat.org

Volunteering

Volunteering designates the legal status under which people can engage in work in the public interest, humanitarian, social, sporting, cultural ... The voluntary, unlike the volunteer receives compensation and social security.

Types of volunteering

From voluntary civic service in France and Germany, to the European Voluntary Service (EVS), volunteering for international solidarity, international volunteering (VIE) and the international voluntary administration (VIA), you will find your happiness !

More information about the different types of volunteering at the :

CENTRE D'INFORMATION EUROPE
DIRECT BOURGOGNE

37 Boulevard de la Trémouille - 21000 Dijon

• 03 80 30 67 88 • www.region-bourgogne.fr

- www.maison-rhenanie-palatinat.org
- www.service-civique.gouv.fr
- www.ofaj.org
- www.jeunesseenaction.fr
- www.france-volontaires.org
- www.ubifrance.fr
- www.civiweb.com



GOOD TO KNOW !

* The volunteer passport

This is a tool created by « France Benevolat » in order to gain acknowledgement and promotion of your associative commitment, mainly in the frame of the VAE : Valorisation des Acquis de l'Expérience (basically, the promotion of your benefits due to experiences). For more information : www.passeport-benevole.org

Go on with the international experience

When you have tried international mobility, you can't stop when you come back home. To go on with your experience you can :

Integrate the ESN network

Many students, coming back from Erasmus or any type of mobility, join the ESN Association back in their home-town. They then become students helping international students in their own country !

Look if there's a branch of ESN in your town :

• www.galaxy.esn.org

The international volunteering

✱ For the 25th birthday of Erasmus, ESN France published the Erasmus International Passport. It details the different sorts of mobility and volunteering. You can download it directly on the site of ESN France :

• <http://www.ixesn.fr/content/le-passeport-erasmus-international>

Study abroad

Another solution to go on with your international mobility as a student is to register in an abroad university as a regular student and not with an exchange. In France, you can register yourself at the University of Burgundy or in another higher education school. You can find more informations there : • www.campusfrance.org. You'll find all the conditions and procedures in order to register at University.

Other ways

- www.europairservices.com : Website dedicated to stays au pair, jobs and internships abroad.
- www.ciep.fr/assistantetr/ : Website of the « Centre International d'Etudes Pédagogiques » (International center of pedagogical studies). You can find every procedures to become a language assistant in France.



>> ESN International

LOOK FURTHER



Spiritual life

France is a secular country, but the many cathedrals, churches and chapels bear witness to catholic tradition and culture.

Religious practice is free and discrimination based on faith or practice of religion is prohibited.

The main religious denominations in France are Christianity (Catholic, Protestant, Orthodox), Islam, and Judaism.

Worship centres (main places)

DID YOU KNOW ?

- > Many official holidays are of Catholic origin
- > Many place names (cities, towns, districts...) have names of Catholic origin: Saint-Étienne, Saint- Lazare, Nuits-Saint-Georges...
- > In France, many cities and towns were built around churches or monasteries.

CATHOLIC

- > Cathédrale Saint-Bénigne, Place Saint-Bénigne.
- > Église Notre-Dame, Place Notre-Dame.
- > Église du Sacré-Cœur, Rue Racine.
- > Chapelle Saint-Vincent-de-Paul, Rue de la Manutention.
- > Chapelle Saint-François-d'Assise, Boulevard de l'Ouest

ORTHODOX

- > Église Orthodoxe S' Jean le Théologien, Avenue Aristide Briand.

CHURCH OF ENGLAND

- > Temple, Rue du Temple.

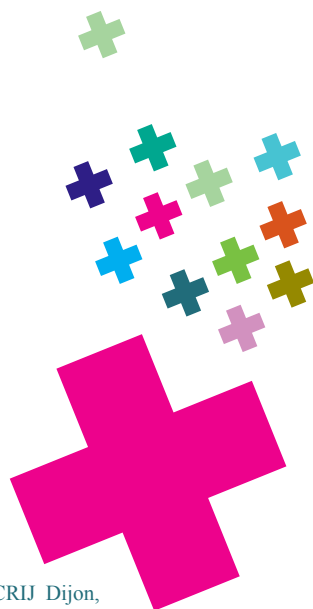
JEWISH

- > Synagogue, Rue de la Synagogue.

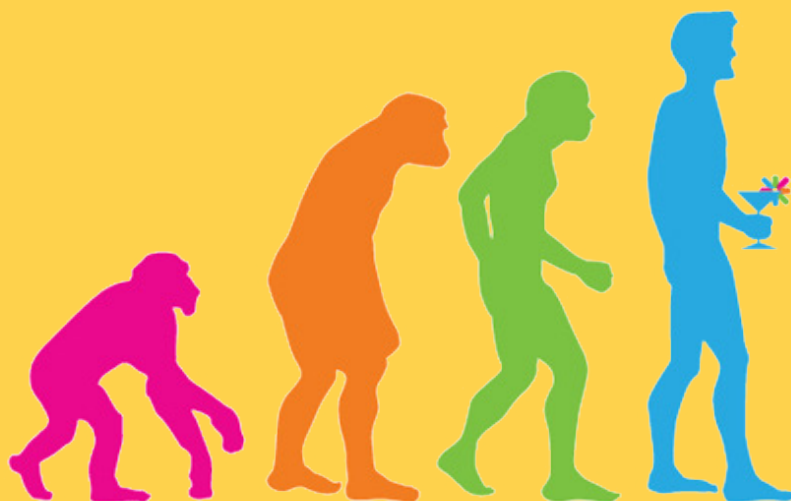
ISLAM

- > Mosquée En-Nour, Impasse Clément d'Esormes.
- > Mosquée El-Khir, Rue Charles Dumont.





Ville de Dijon, Grand Dijon, IxESN, Crous Dijon, CRIJ Dijon,
 AgroSup Dijon, Groupe ESC Dijon Bourgogne, ENSA Dijon Art &
 Design, Campus Européen de Sciences Po Paris à Dijon, Université
 de Bourgogne.



HOMO
HABILIS

HOMO
ERECTUS

HOMO
SAPIENS

HOMO
ERASMUS

(ex)change your life!



**This guide is a publication of the
ESN InsiDijon association**

Bureau 108 - Maison de l'étudiant
Université de Bourgogne Esplanade Erasme - 21000 Dijon
www.dijon.ixesn.fr / Mel : insidijon@ixesn.fr
© +33 (0)3 80 39 90 83

